



# Acetylcholine test: CAG met provocatietest

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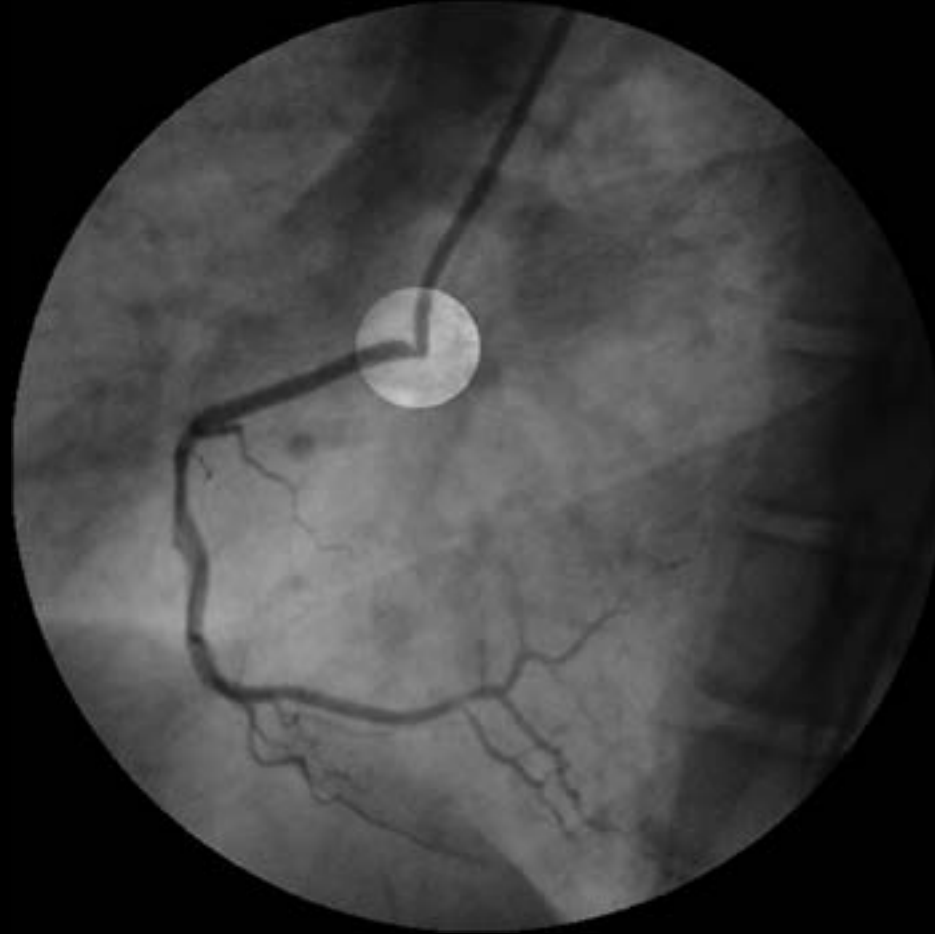
# Disclosures and conflicts of interest

Geen

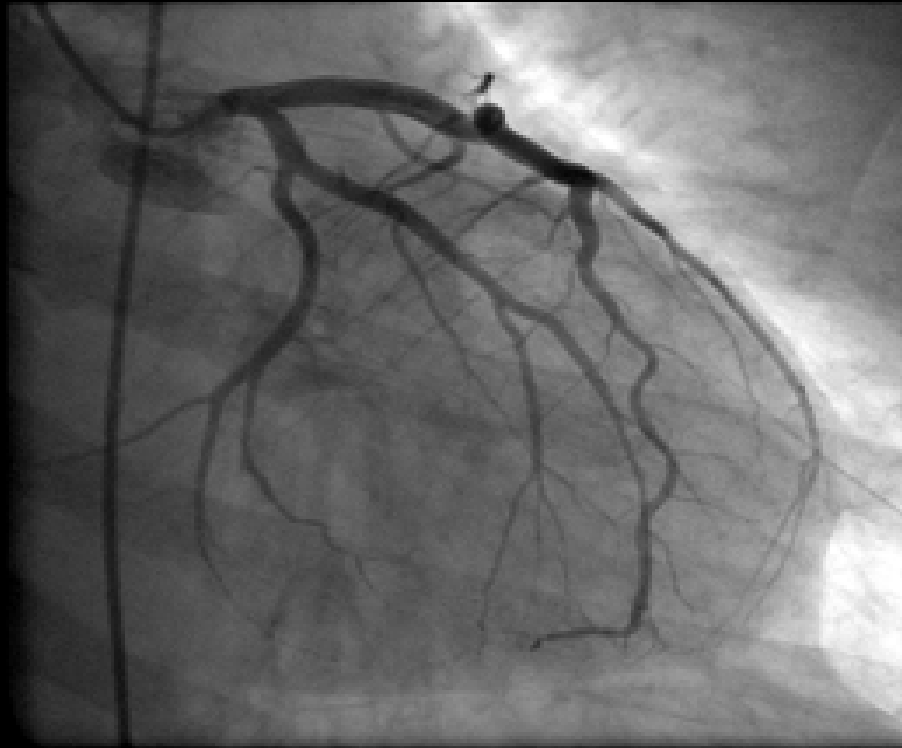




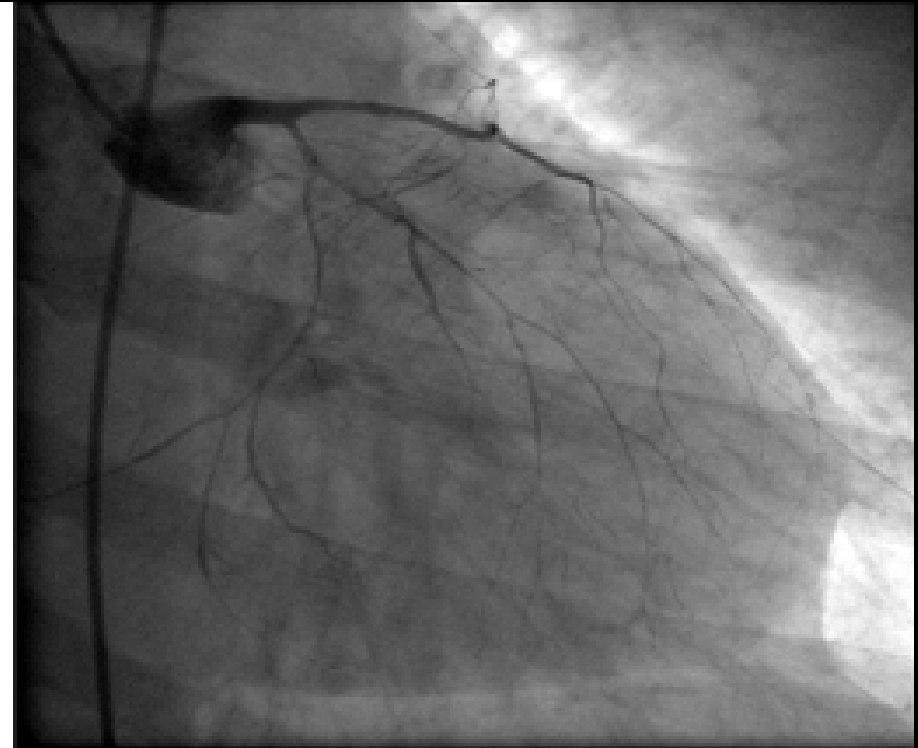
# Coronaire spasme – Variant AP?



# Ernstige vasospasme!

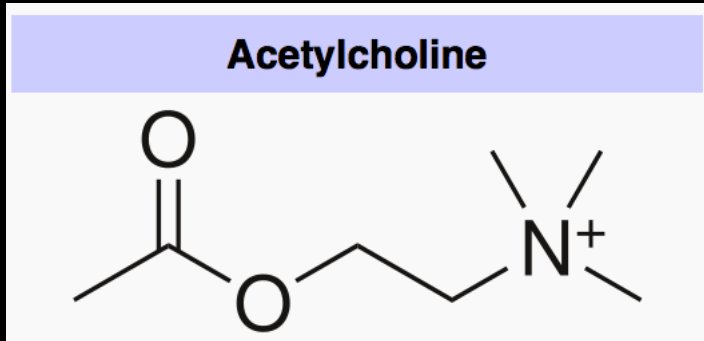


LAD Baseline: no pathologies, no culprit lesion

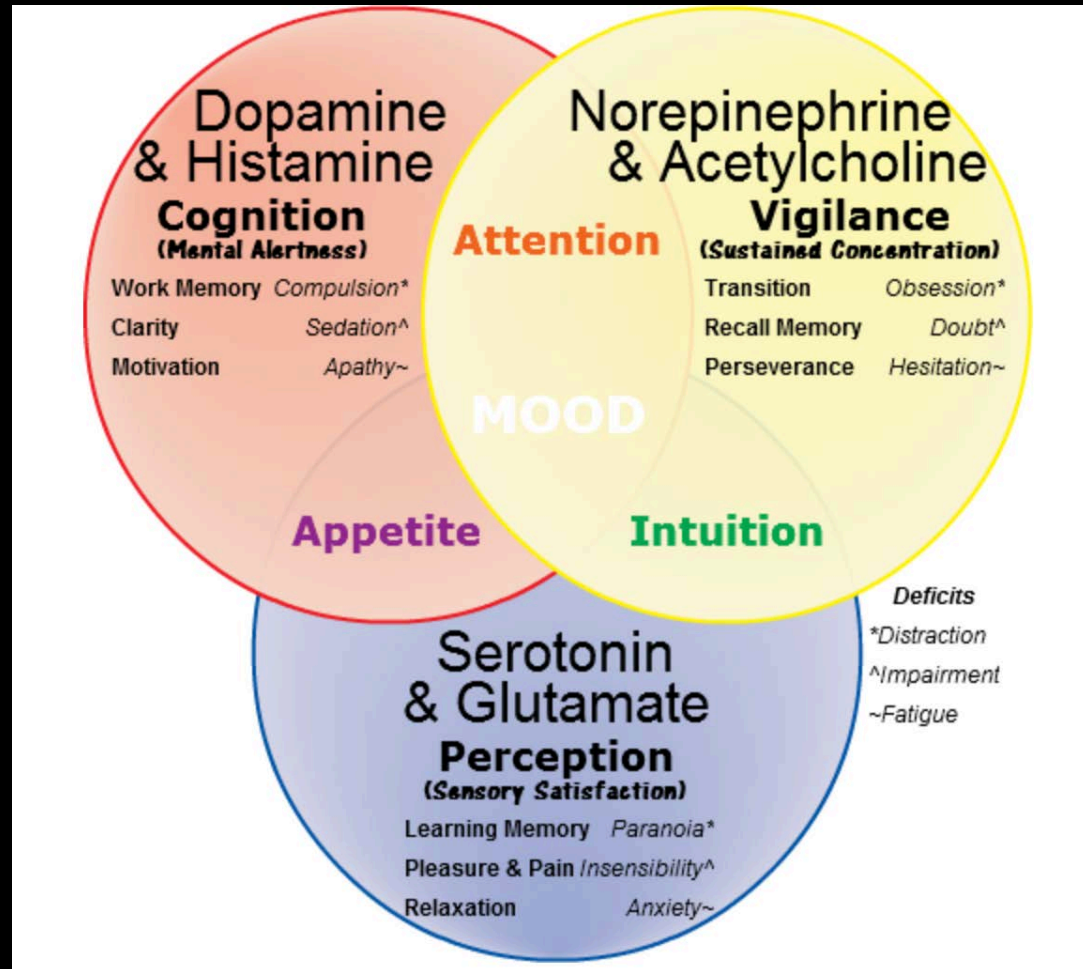


LAD after acetylcholine-infusion: epicardial spasm

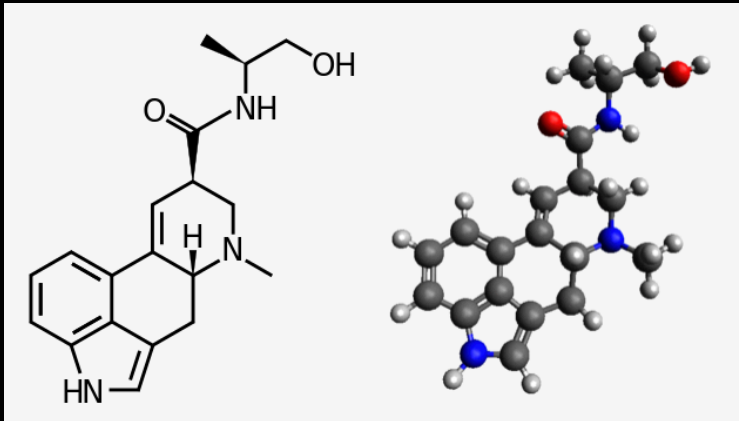
# Acetylcholine



Werking via cholinerge muscarine receptoren.

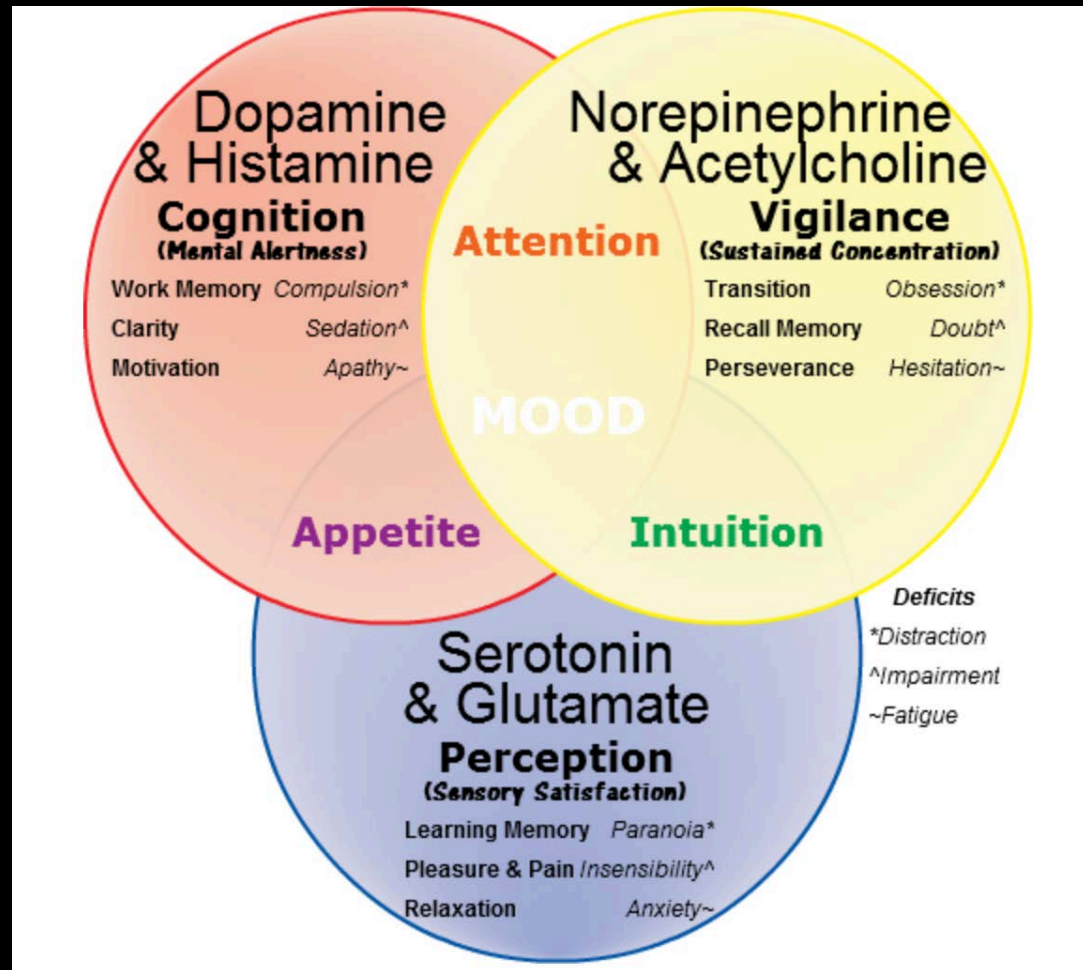


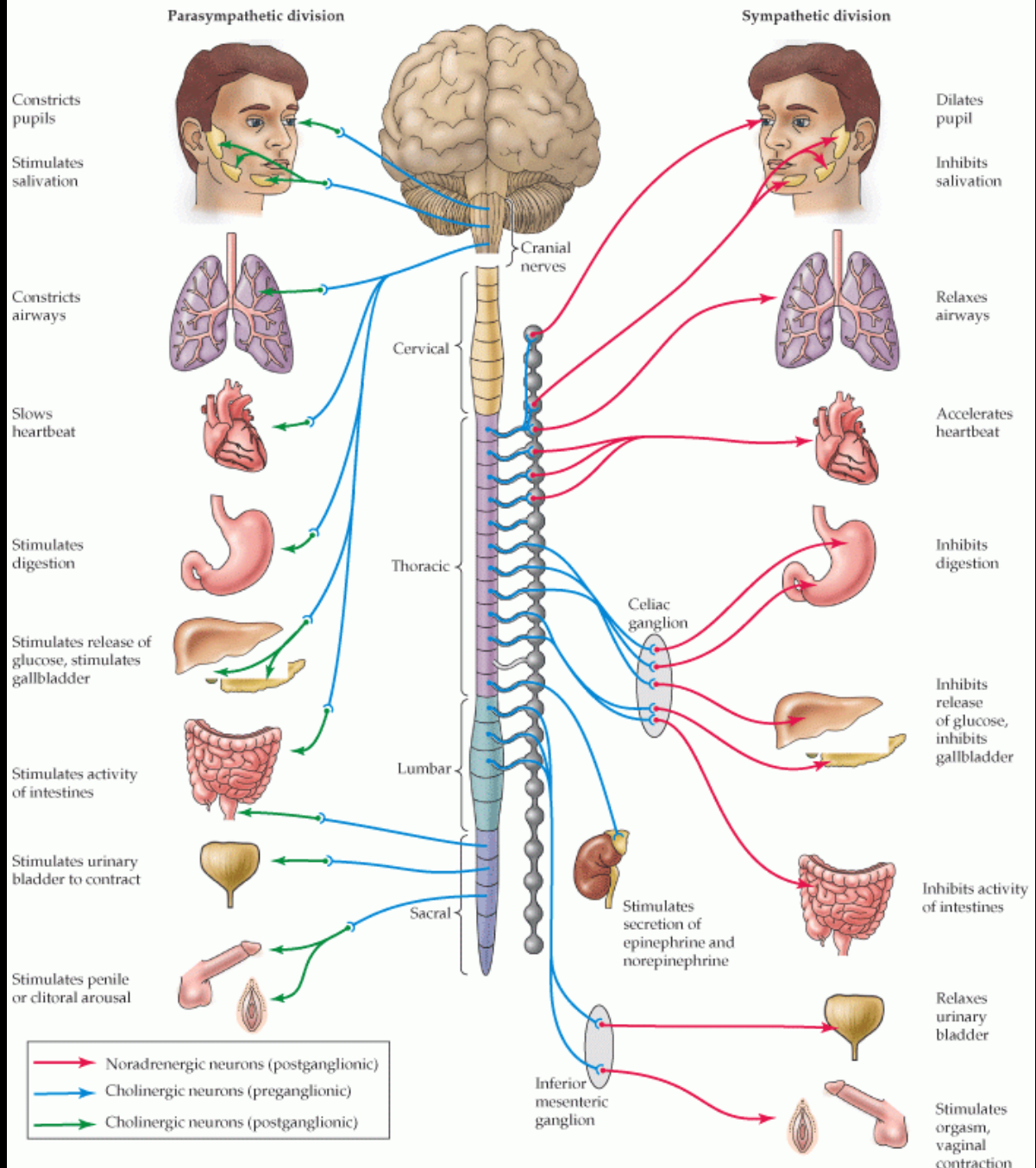
# Ergonovine



Contractie glad spierweefsel via serotonerge receptoren

Bij i.v. toediening risico op Refractair spasme!





# Angina Pectoris

Angina pectoris o.b.v. atheroscleros in epicardiale coronairen.

Variant angina pectoris – Prinzmetal Angina – coronair spasme

Microvasculaire dysfunctie – Cardiaal syndroom X





# Angina Pectoris

1772: Eerste beschrijving van klassieke Angina Pectoris door William Heberden (GB).



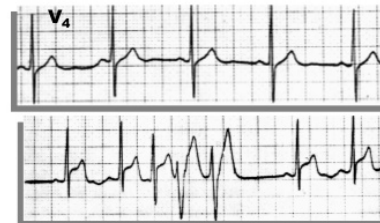
William Heberden  
(1710 - 1801)

1959: Eerste beschrijving van Variant Angina Pectoris door Myron Prinzmetal (USA)

1959

Dr. Myron Prinzmetal

MYRON PRINZMETAL y cols., dirigen la atención hacia una forma inusual de angina que ellos denominan variante, en la que durante el evento ocurre elevación del segmento ST. La variante es atribuida a lesión subepicárdica, no relacionada a esfuerzo, cíclica con periodicidad diaria y horaria, y con tendencia a arritmias ventriculares graves.



(1908-1987)

1) Prinzmetal M, Kennamer R, Merliss R, Wada T, Bor N. Angina pectoris. A variant form of angina pectoris. Am J Med 1959;27:374.

# Variant Angina Pectoris

AP door (hyper)contractie van gladspierweefsel i.p.v. stenose i.k.v. atherosclerose.

Symptomen typisch in rust i.p.v. inspanning, meestal 's nachts / vroege ochtend.

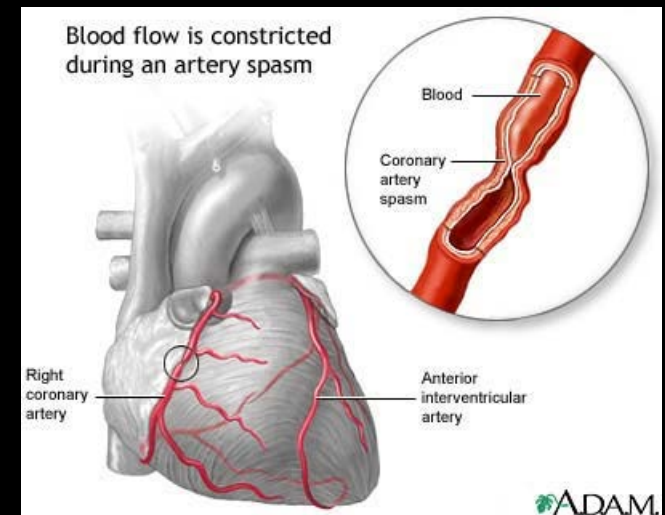
Vaak in cyclische aanvallen.

X-ECG meestal zonder ECG afwijkingen en/of klachten.

Bij ECG afwijkingen vaak ST-elevatie i.p.v. ST-depressie.

Snelle reactie op nitraten.

Diagnose per exclusionem



# Mechanismen

Exact mechanisme onbekend!!!

Mogelijke mechanismen:

Acetylcholine komt vrij via parasympathische zenuwstelsel

- In gezond glad spierweefsel netto dilaterend effect.
- Balans tussen direct constructief effect vs. NO gemedieerde vasodilatatie
- Bij endotheelcel dysfunctie: minder productie van NO!

Thromboxane A<sub>2</sub>, vasoconstrictor geproduceerd door plaatjes.

- Gestoorde fibrinolysis t.g.v. gestoord lipidenspectrum, waardoor meer circulerende

Verhoogde alpha-adrenerge receptor activiteit.



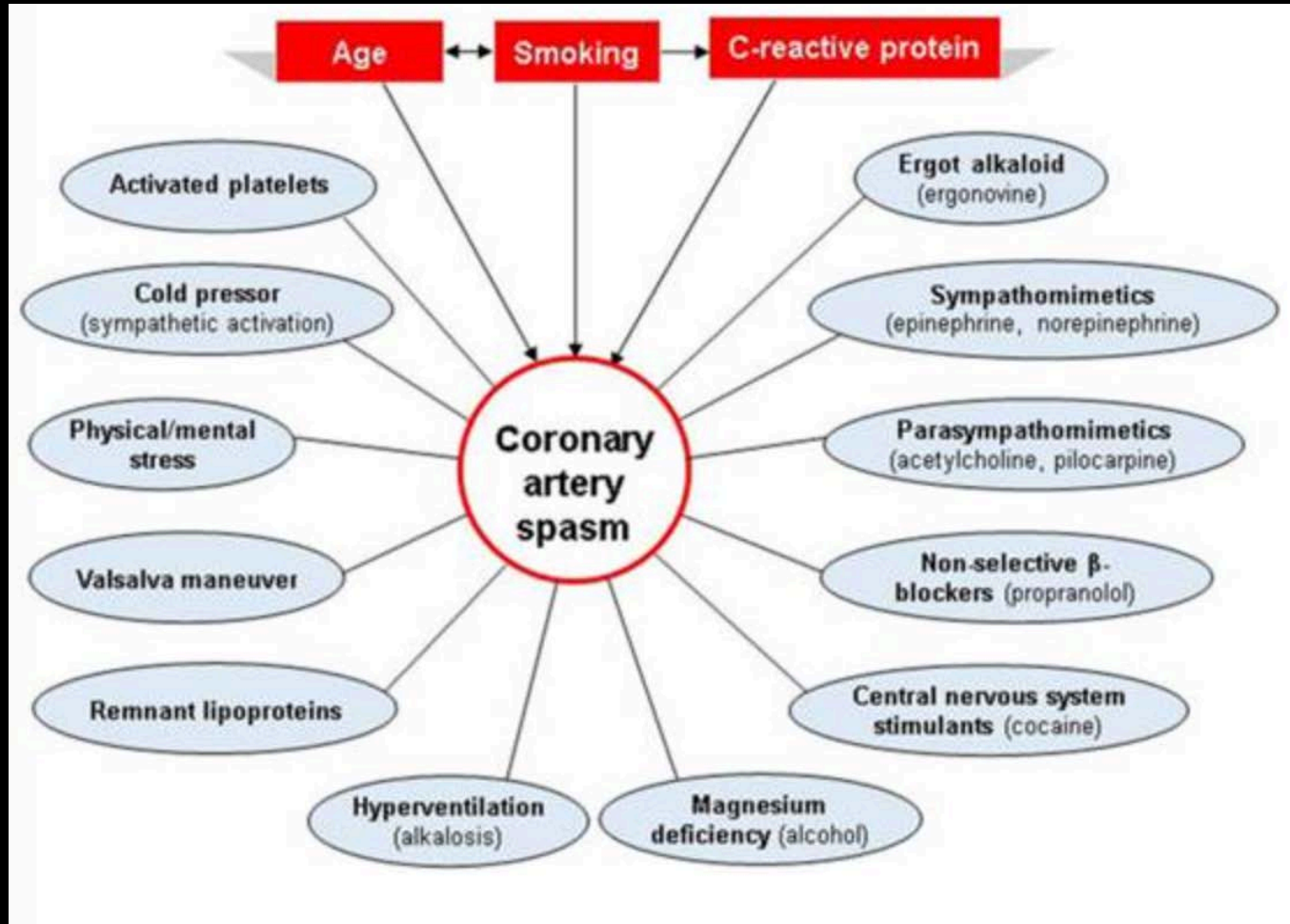


# Mechanismen

| Etiology                              | Mechanism                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Comments                                                                                                                                                                                                                                                                                                                  |
|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Autonomic nervous system              | Frequent attacks at night when vagal tone is high<br>Directly induced by catecholamines [60] or by stimuli (exercise, cold pressor test, cocaine, amphetamines) [70,114].                                                                                                                                                                                                                                                                                 | Night attacks frequently occur during rapid eye movement sleep, when a reduction in vagal activity is associated with an increase in adrenergic activity [26,27].<br>Spontaneous attacks are often preceded by a reduction of vagal activity [66], and followed by an increase in coronary levels of catecholamines [67]. |
| Inflammation                          | Elevated peripheral white blood cell and monocyte counts, hs-CRP, interleukin-6, and adhesion molecules [16,50].                                                                                                                                                                                                                                                                                                                                          | Inflammation is prevalent in CAS and atherosclerosis, it, therefore, may not constitute by itself a major direct cause.                                                                                                                                                                                                   |
| Endothelial dysfunction               | Acetylcholine, ergonovine, serotonin, or histamine, all of which are endothelium-dependent vasodilators, cause vasodilation by inducing nitric oxide release from the normal endothelium. While in the presence of endothelial dysfunction, they can induce CAS [27].                                                                                                                                                                                     | Endothelial dysfunction is not always present in CAS [86,87].                                                                                                                                                                                                                                                             |
| Smooth muscle cell hypercontractility | Rho-kinase activity is enhanced in coronary artery smooth muscle cells by inflammation in a porcine model [88-90].<br>Spontaneous CAS has been developed in $K_{ATP}$ mutant or SUR2 $K_{ATP}$ knockout mice [93,94]. Mice deficient in $\alpha_{1H}$ T-type calcium channel have reduced relaxation in response to acetylcholine [95].                                                                                                                   | Their relevance to CAS in humans remains to be elucidated.                                                                                                                                                                                                                                                                |
| Oxidative stress                      | NO could be degraded by oxygen free radicals [96-99].<br>Oxygen-reactive species have a detrimental effect on the vessel wall, leading to inflammation, endothelial damage [98] and vascular smooth muscle cell constriction [100].<br>In CAS, there are low plasma levels of vitamin E [101] and high plasma levels of thioredoxin [102].                                                                                                                | It has been reported that there is no endothelial NO deficiency and dysfunction in patients with CAS [103].                                                                                                                                                                                                               |
| Genetics                              | Mutation or polymorphism of the endothelial NO synthase gene [82,105,106], polymorphism of paraoxonase I gene [107], polymorphisms for adrenergic and serotonergic receptors [108,109], angiotensin-converting enzyme [110], and inflammatory cytokines [111,112] have been reported.<br>In Japan, NADH/NADPH oxidase p22 phox gene is a susceptibility locus in men, while stromelysin-1 and interleukin-6 genes are susceptibility loci in women [113]. | Studies of genetic mutations or polymorphisms in the pathogenesis of CAS have been inconsistent [104].<br>NO gene polymorphisms are found in only one-third of the patients [27].<br>Family history is not a risk factor for CAS [114].                                                                                   |

CAS, coronary artery spasm; hs-CRP, high-sensitivity C-reactive protein; NO, nitric oxide.

# Mechanismen en uitlokkende factoren



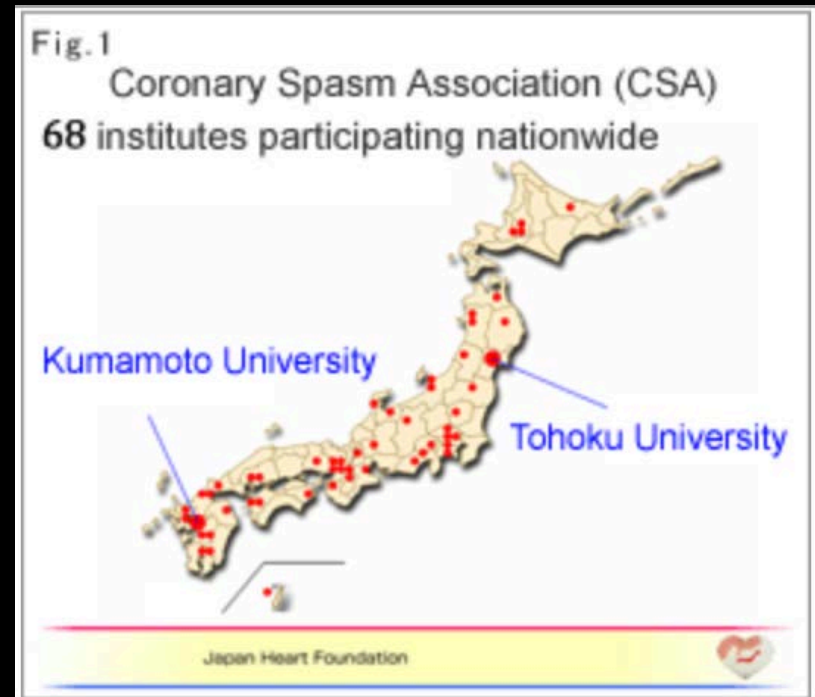


# Incidentie bij CAG

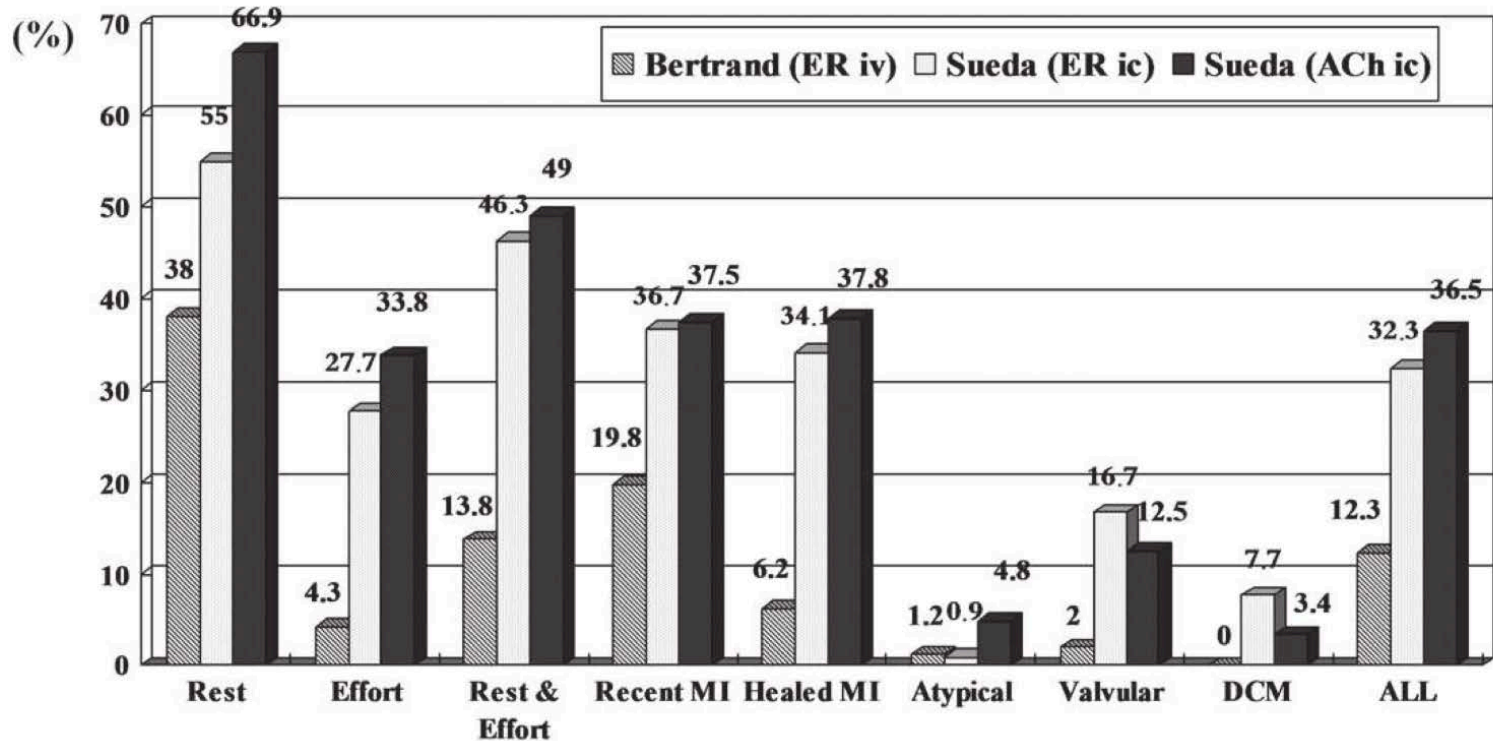
USA: 2-3%

Italië: 10%

Japan: 20-30%



# Incidentie verschillen Europa vs. Japan

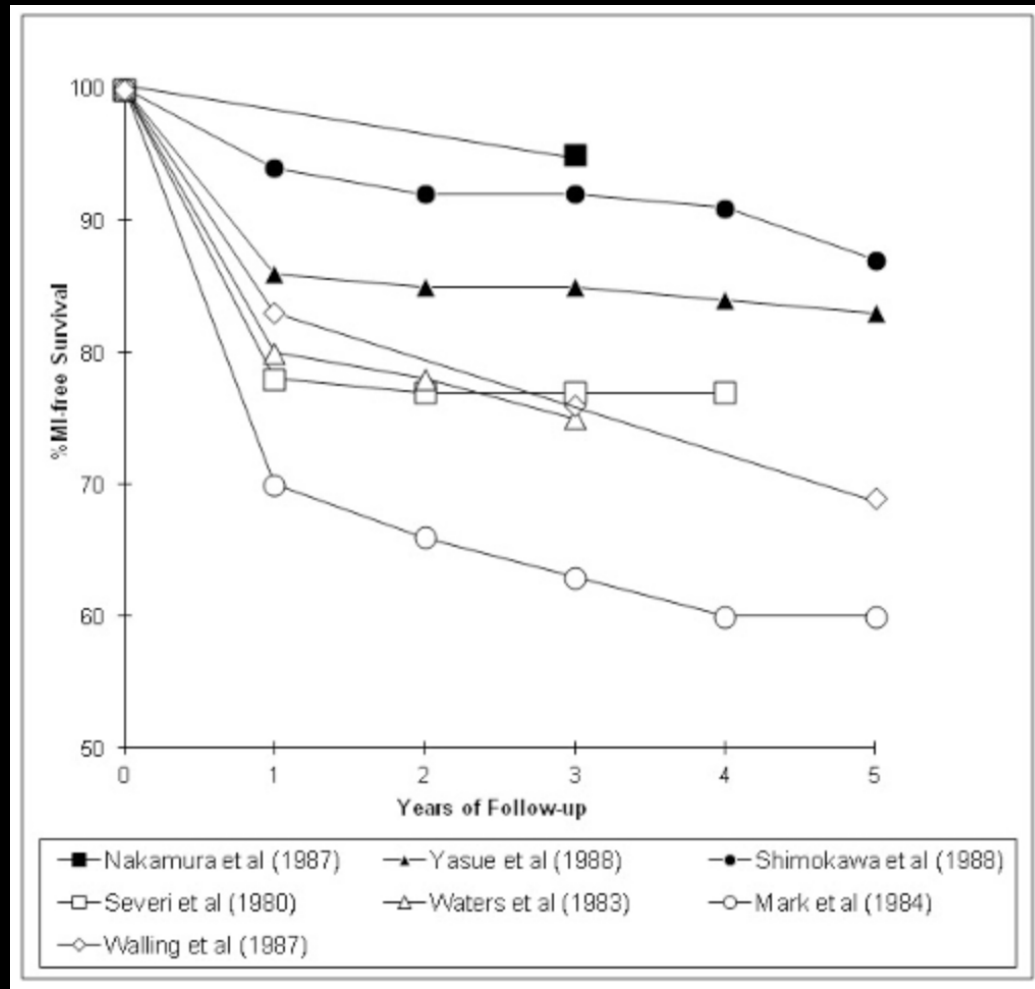


(MI: myocardial infarction, DCM: dilated cardiomyopathy, ER: ergonovine, ACh:acetylcholine, iv: intravenous, ic: intracoronary)

**Figure 2.** Comparison of provoked spasm frequency of Bertrand et al and the authors of the current study. Abbreviations: ACh, acetylcholine; DCM, dilated cardiomyopathy; ER, ergonovine; ic, intracoronary; iv, intravenous; MI, myocardial infarction.



# MI free survival







# Ishii et al. JACC 2015

## ABSTRACT

**BACKGROUND** Coronary artery spasm contributes to the pathogenesis of variant angina and ischemic heart disease and may play a role in the progression of atherosclerosis. It is unclear whether the location of spasm is related to outcome.

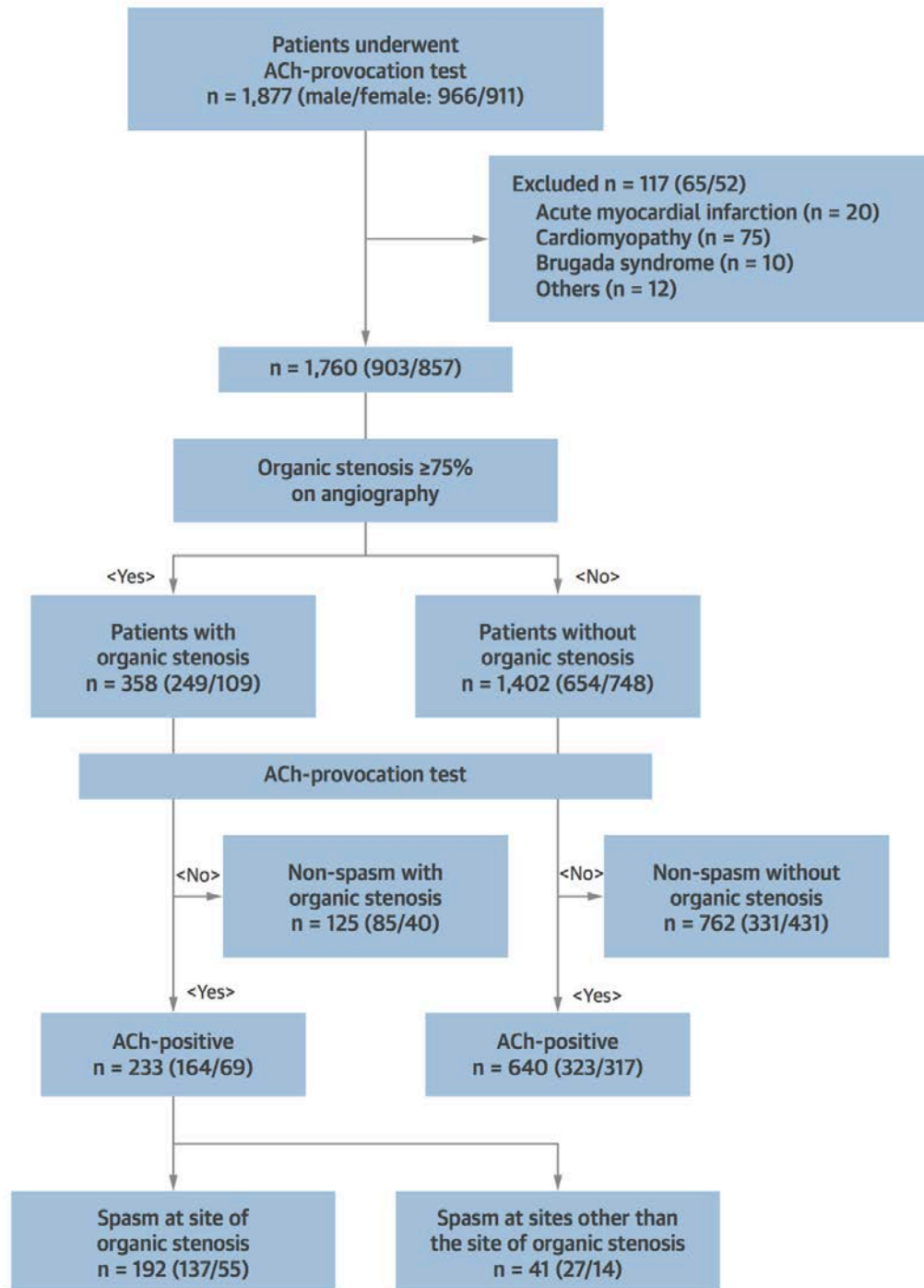
**OBJECTIVES** This study compared the clinical features and prognosis of patients with coronary spasm at the site of significant atherosclerotic stenosis with patients with spasm at sites without stenosis or nonsignificant stenosis.

**METHODS** This was a retrospective, observational study of 1,877 consecutive patients with typical or atypical angina-like chest pain undergoing acetylcholine (ACh)-provocation testing. A total of 1,760 patients were eligible for analysis. ACh-provoked coronary spasm and significant organic stenosis were observed in 873 and 358 patients, respectively.

**RESULTS** In patients with significant atherosclerotic stenosis, ACh-positive patients (n = 233) were younger and without diabetes mellitus compared with nonspasm patients (n = 125). In patients without organic stenosis, ACh-positive patients (n = 640) were older, had dyslipidemia, and were more likely to have a family history of ischemic heart disease than nonspasm patients (n = 762). Multiple logistic regression analysis identified ST-segment elevation during anginal attacks, organic stenosis of the left anterior descending artery, and multivessel spasm as correlates of spasm at sites of significant organic stenosis (n = 192). Multivariate analysis identified ACh-provoked spasm at the site of significant stenosis and use of nitrates as the 2 prognostic factors for major adverse cardiac events.

**CONCLUSIONS** The clinical features and prognosis of patients with ACh-provoked coronary spasm were different when it occurred at the site of significant atherosclerotic stenosis compared with patients with spasm elsewhere. Both spasm at the site of significant organic stenosis and nitrate use were significant predictors of major adverse cardiac events.

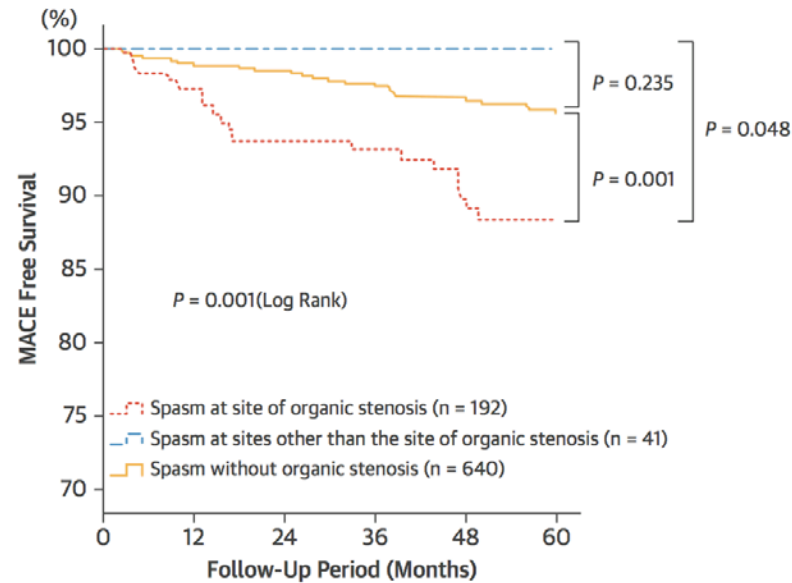
(J Am Coll Cardiol 2015;66:1105-15) © 2015 by the American College of Cardiology Foundation.





# Event free survival

**FIGURE 2** MACE-Free Survival in Patients With Vasospastic Angina During Follow-Up



**Number at risk**

**Spasm at site of organic stenosis**

192 170 159 148 131 122

**Spasm at sites other than the site of organic stenosis**

41 38 35 29 24 21

**Spasm without organic stenosis**

640 589 569 520 474 441

Kaplan-Meier survival curve shows worse 5-year survival rates free from MACE in patients with spasm at site of organic stenosis (n = 192) compared with those with spasm at sites other than the site of organic stenosis (n = 41) and those with spasm but without organic stenosis (n = 640). MACE = major adverse cardiac event(s).

# Acetylcholine test

## Contra-indicaties:

- HS stenose > 50%
- Ernstig drievatslijden of twee vatslijden met CTO
- Hartfalen NYHA III of IV
- Ernstig asthma

## Vorbereiding:

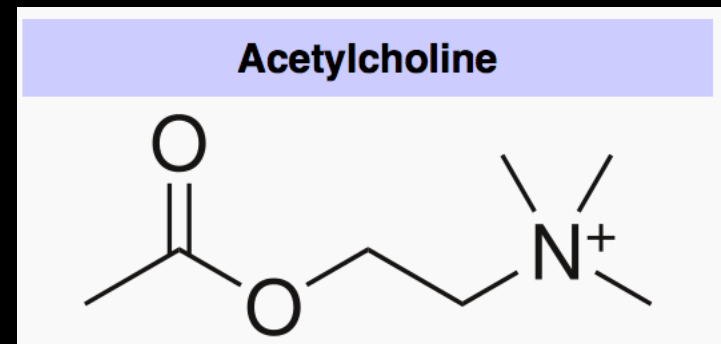
- Defibrillatie plakkers
- Tijdelijke pacemaker draad
- Nitro i.c.

## Toediening Acetylcholine:

Bolus gedurende 20 seconden met 3 min interval

RCA: 20 ug – 50 ug (max. 80 ug)

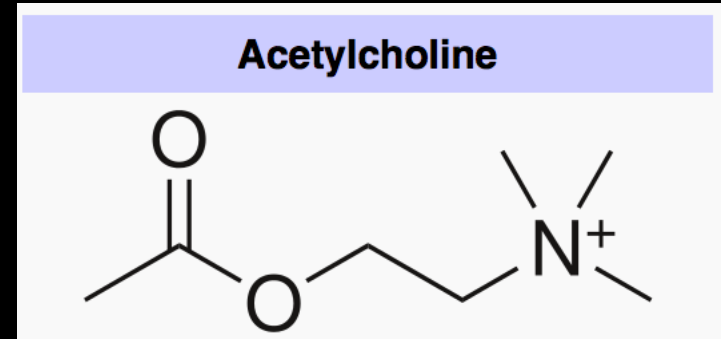
CA: 20 ug – 50 ug – 100 ug (max. 200 ug)



# Acetylcholine test

## Criteria positieve ACh test (AJC 2008):

- Tijdelijke transluminale vernauwing  $\geq 90\%$
- ECG veranderingen wijzend op ischemie



## Diagnose Variant AP

90% sensitivity and 99% specificity bij:

- Positieve Acethylcholine test +
- Klinische criteria Prinzmetal
  - The angina did not occur with exertion and exercise - stress tests were typically negative.
  - During pain, ST segment elevation rather than depression occurred
  - The angina episodes often recurred at the same time, frequently awaking the patient from sleep
  - The episodes may be associated with arrhythmias or progress on to myocardial infarction

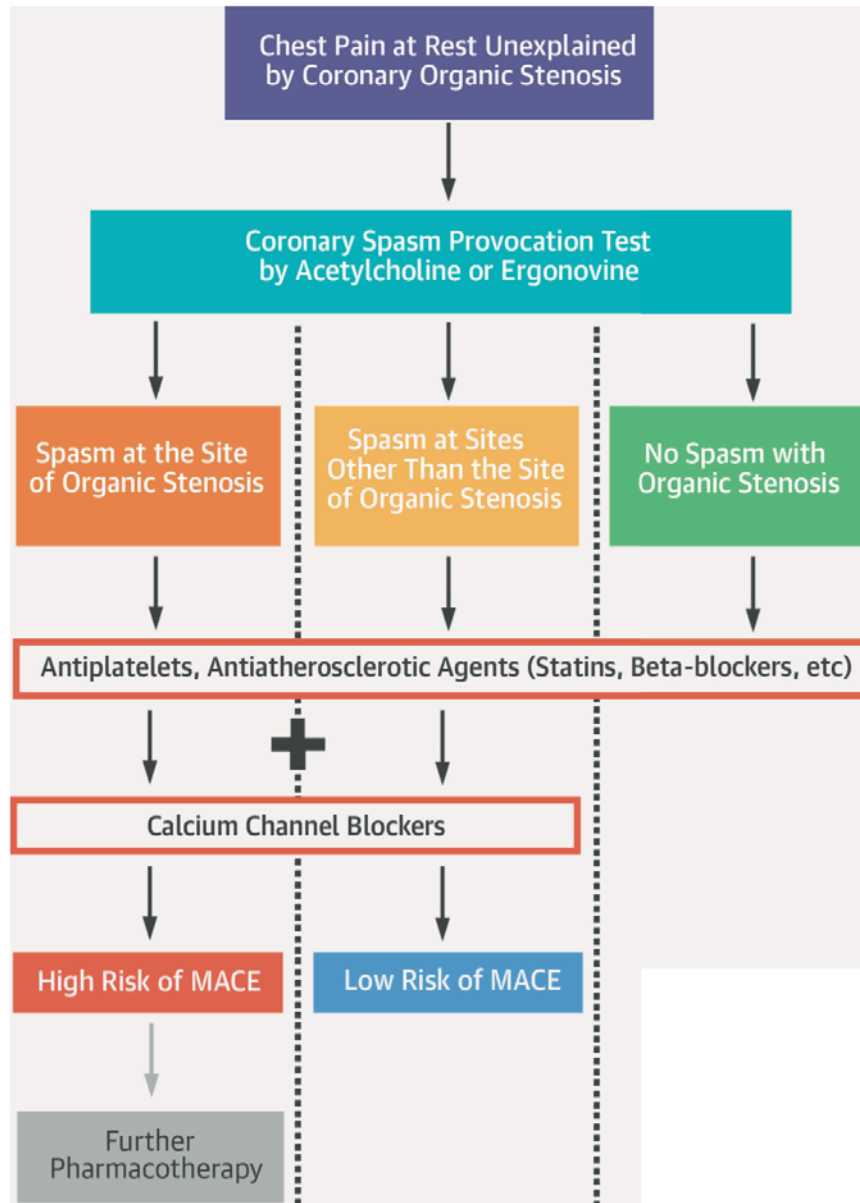


# Complicaties Spasme Provocatie test

Table 1. Serious Major Complications Among Past Studies

|                 | Pharmacologic Agents | No. of Patients | VF  | VT, (sustained VT) | Bradycardia | Shock | Tamponade | AMI | DC | CABG | Death | Serious Major Complications, n (%) |
|-----------------|----------------------|-----------------|-----|--------------------|-------------|-------|-----------|-----|----|------|-------|------------------------------------|
| Buxton (1980)   | ER IV                | 106             | 2   | 1 (1)              | 2           | 5     | 0         | 0   | 0  | 1    | 3     | 5 (4.72)                           |
| Bertrand (1982) | Methyl ER IV         | 1089            | 4   | 1 (1)              | 2           | —     | 0         | 0   | 4  | 0    | 0     | 5 (0.46)                           |
| Harding (1992)  | ER IV                | 3447            | (7) | (7)                | —           | —     | —         | 4   | —  | 0    | 0     | 11 (0.03)                          |
| Ong (2014)      | ACh IC               | 847             | 0   | 1 (0)              | 6           | —     | 0         | 0   | 0  | 0    | 0     | 0 (0)                              |
| Sueda (1999)    | ACh IC               | 715             | 0   | 7 (1)              | —           | 2     | 1         | 0   | 1  | 0    | 0     | 4 (0.56)                           |

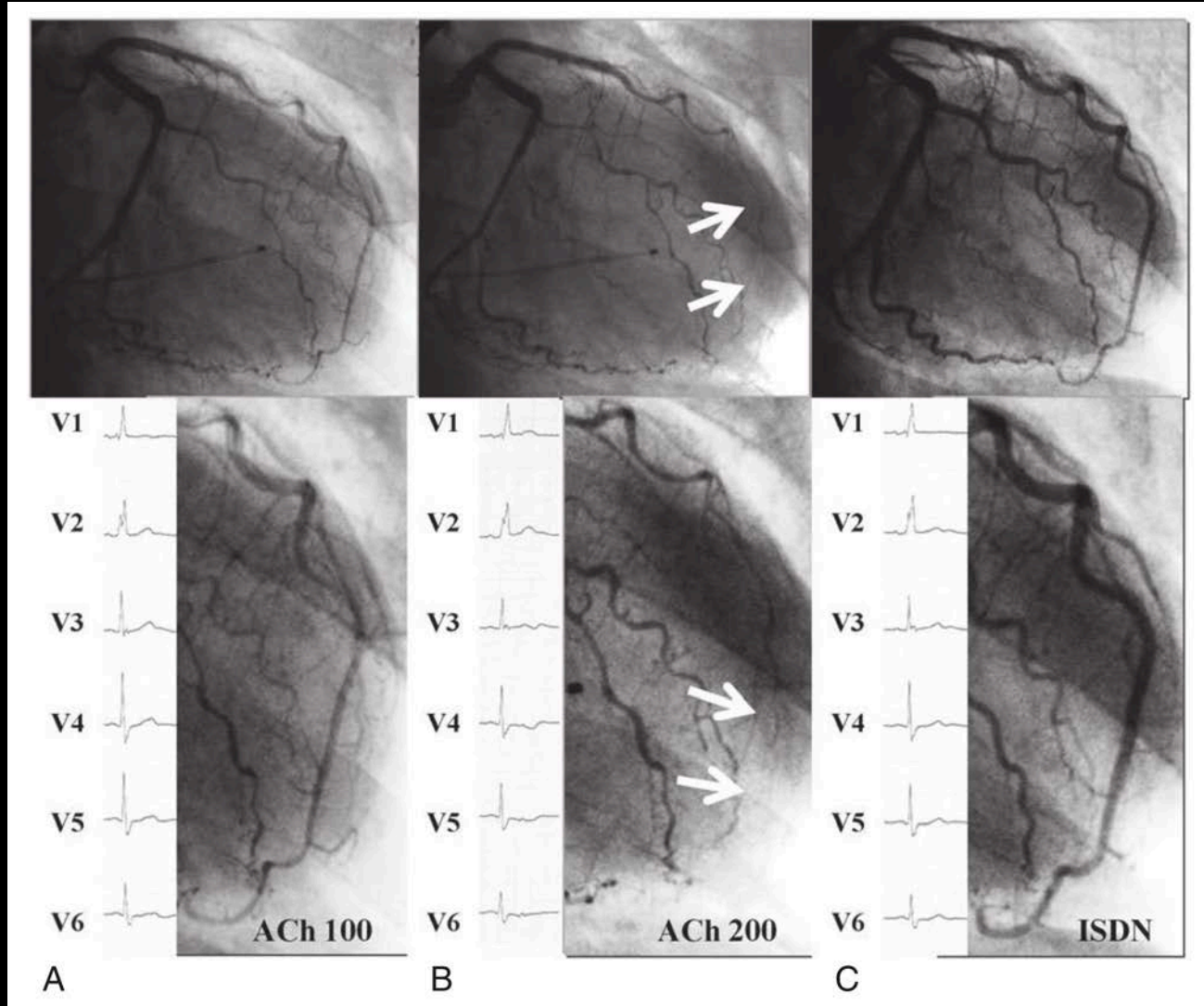
Abbreviations: ACh, acetylcholine; AMI, acute myocardial infarction; CABG, coronary artery bypass graft; DC, direct current; ER, ergonovine; IC, intracoronary; IV, intravenous; VF, ventricular fibrillation; VT, ventricular tachycardia.



Ishii, M. et al. J Am Coll Cardiol. 2015; 66(10):1105-15.

# Case 1

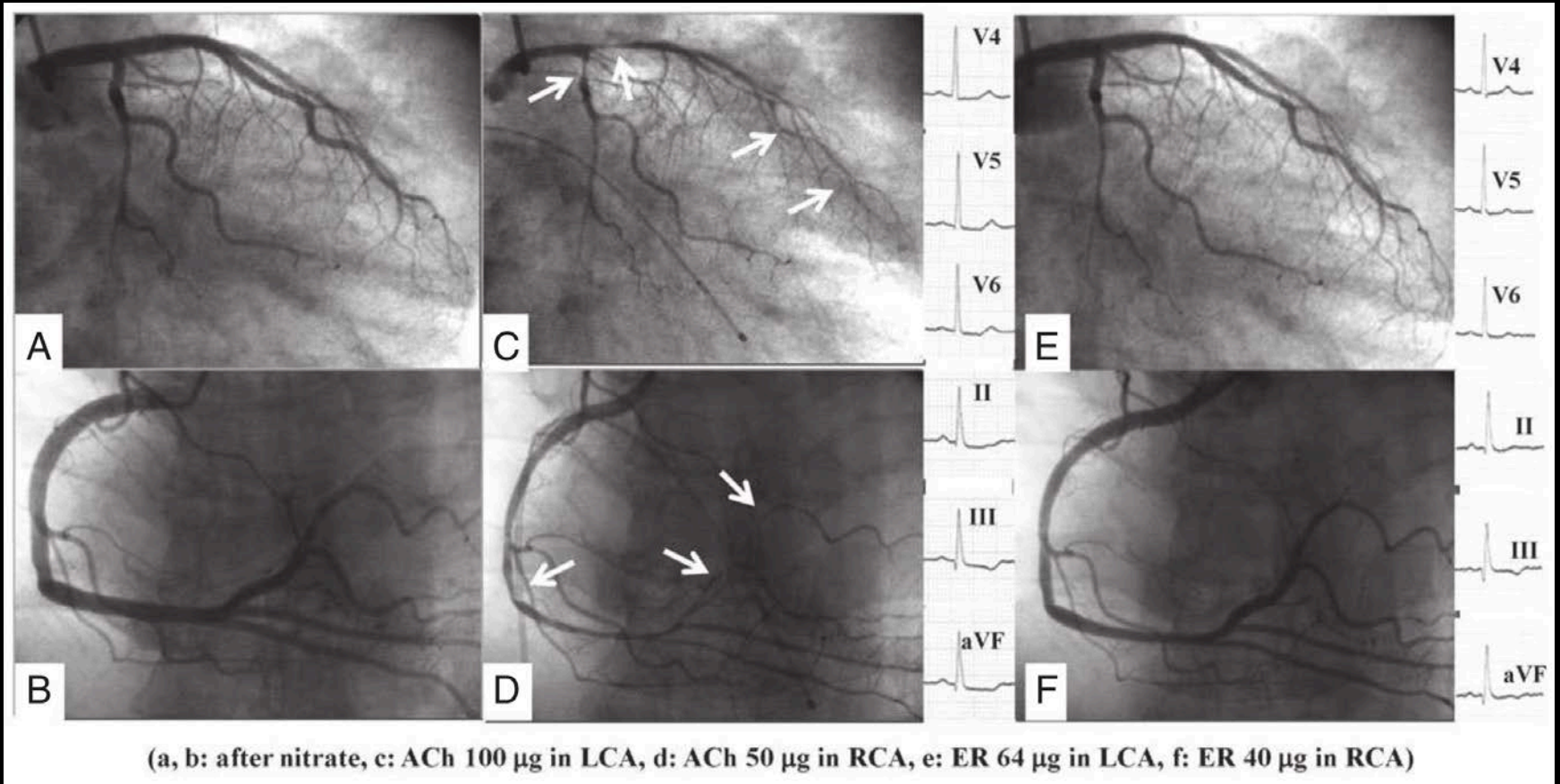
84 jarige man.  
AP in rust sinds 6 mnd.





# Case 2

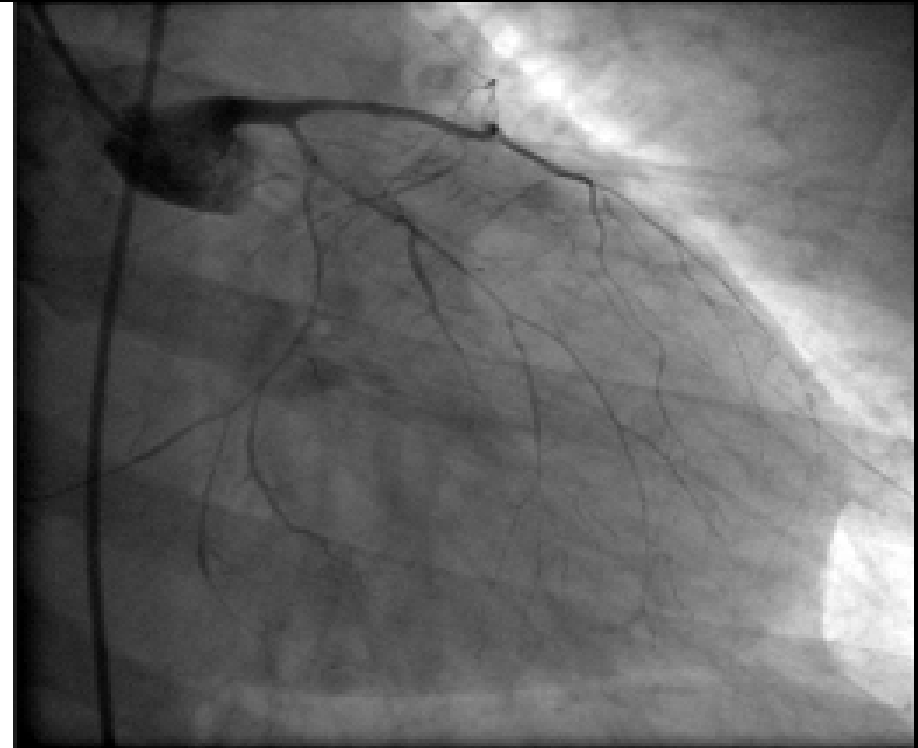
70 jarige vrouw. AP in rust 's nachts en vroege ochtend.



# Case 3



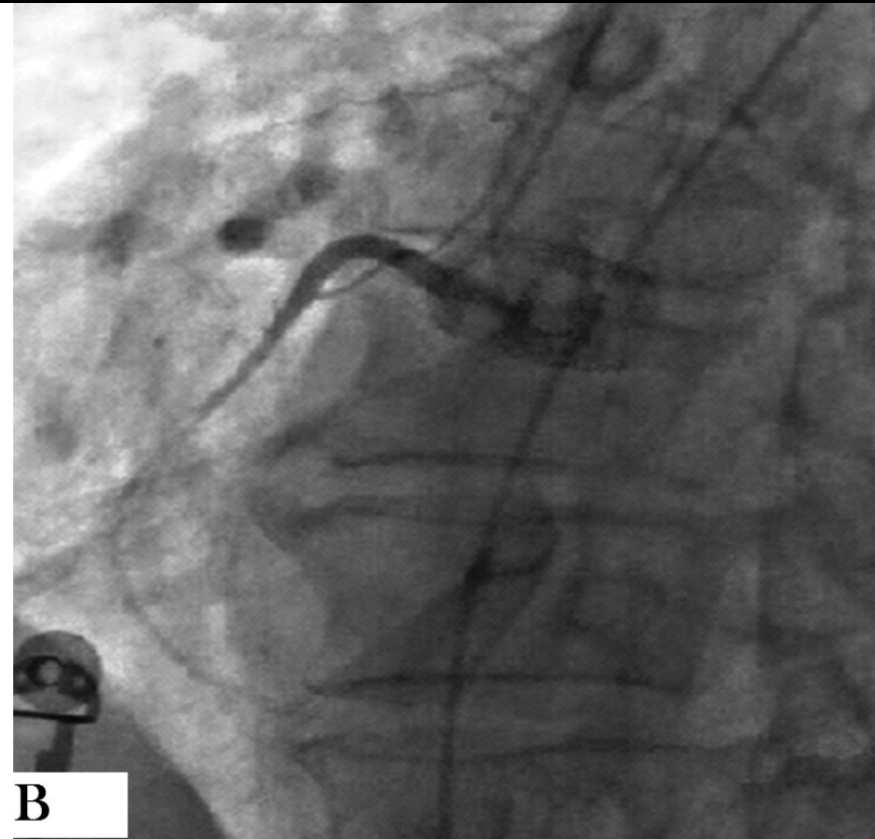
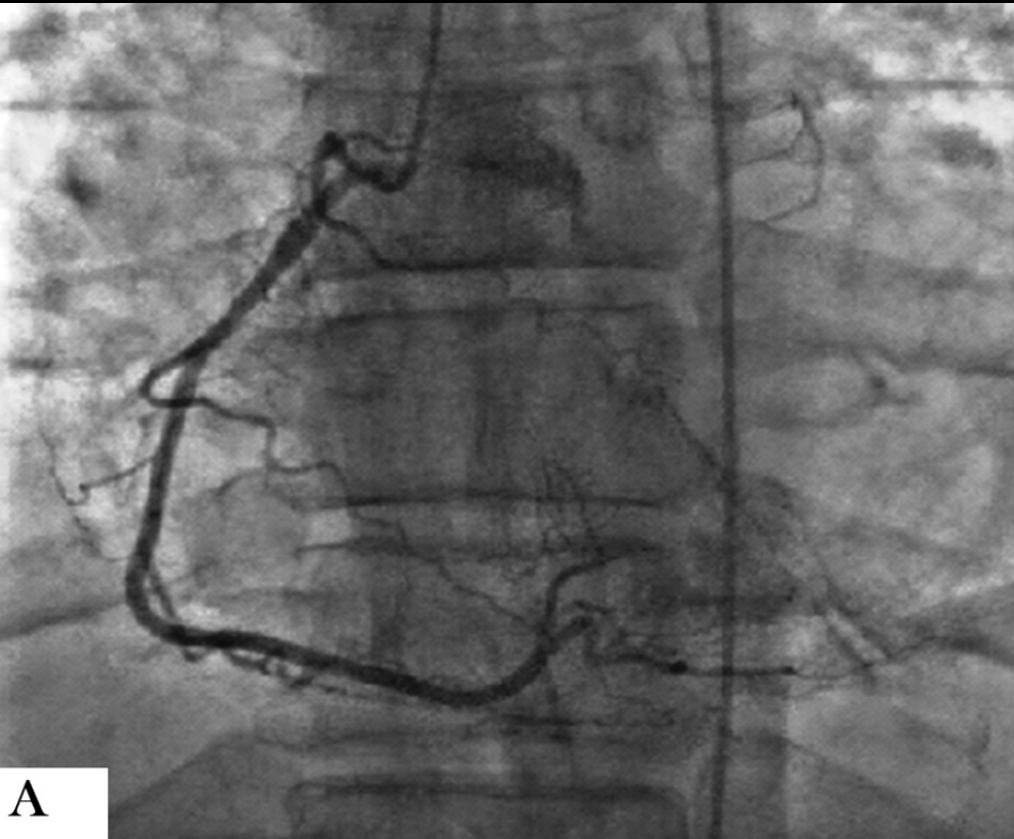
LAD Baseline: no pathologies, no culprit lesion



LAD after acetylcholine-infusion: epicardial spasm

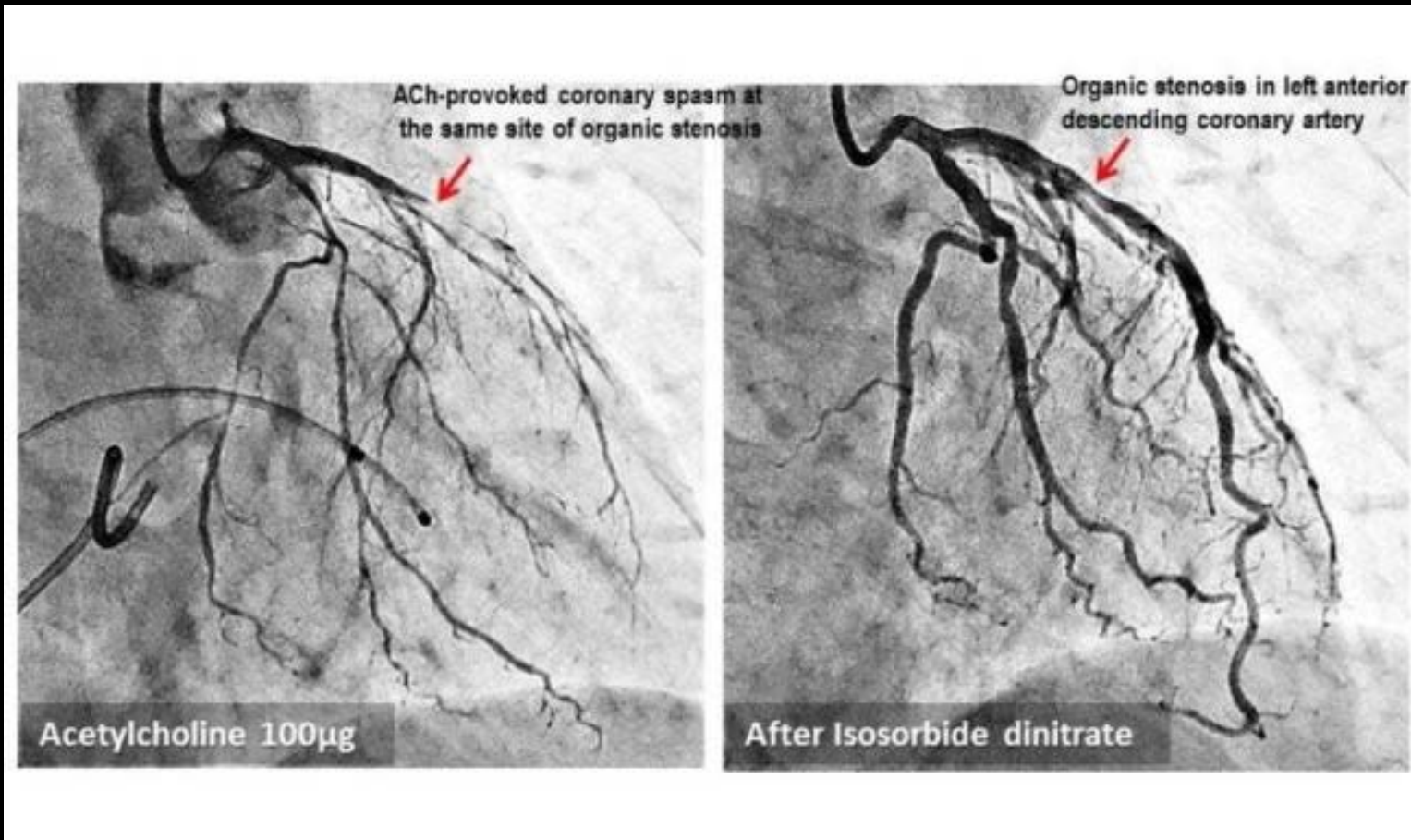
# Case 4

62 jarige vrouw. AP in rust. RF: DM en dyslipidemie.



# Case 5

55 jarige man. AP in rust en bij inspanning. RF: dyslipidemie, roken.





<https://www.youtube.com/watch?v=paTSAVD5fgE>

Professor Udo Sechtem - Stuttgart





# Dank voor uw aandacht

