

# Cardiogene shock op de HCK

*Indicatie, behandeling en pathofysiologie*



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Alkmaar | Den Helder | Heerhugowaard | Limmen | Schagen | Texel

# Casus

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52-jarige man

VG: onbekend

OHCA: 3 blokken. 3 x shock door ambulance. -> SR

Shockroom: Intubatie. RR 95/50 mmHg met noradrenaline

4 H's en 4 T's negatief

ECG: SR, diffuus < 1 mm ST-depressie

**Spoed CAG?**

# NEJM QuickTake

# Casus

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4 H's en 4 T's negatief

ECG: SR, diffuus < 1 mm ST-depressie

**Spoed CAG?**

**-Nee**

# Casus

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62-jarige man

VG: COPD gold I

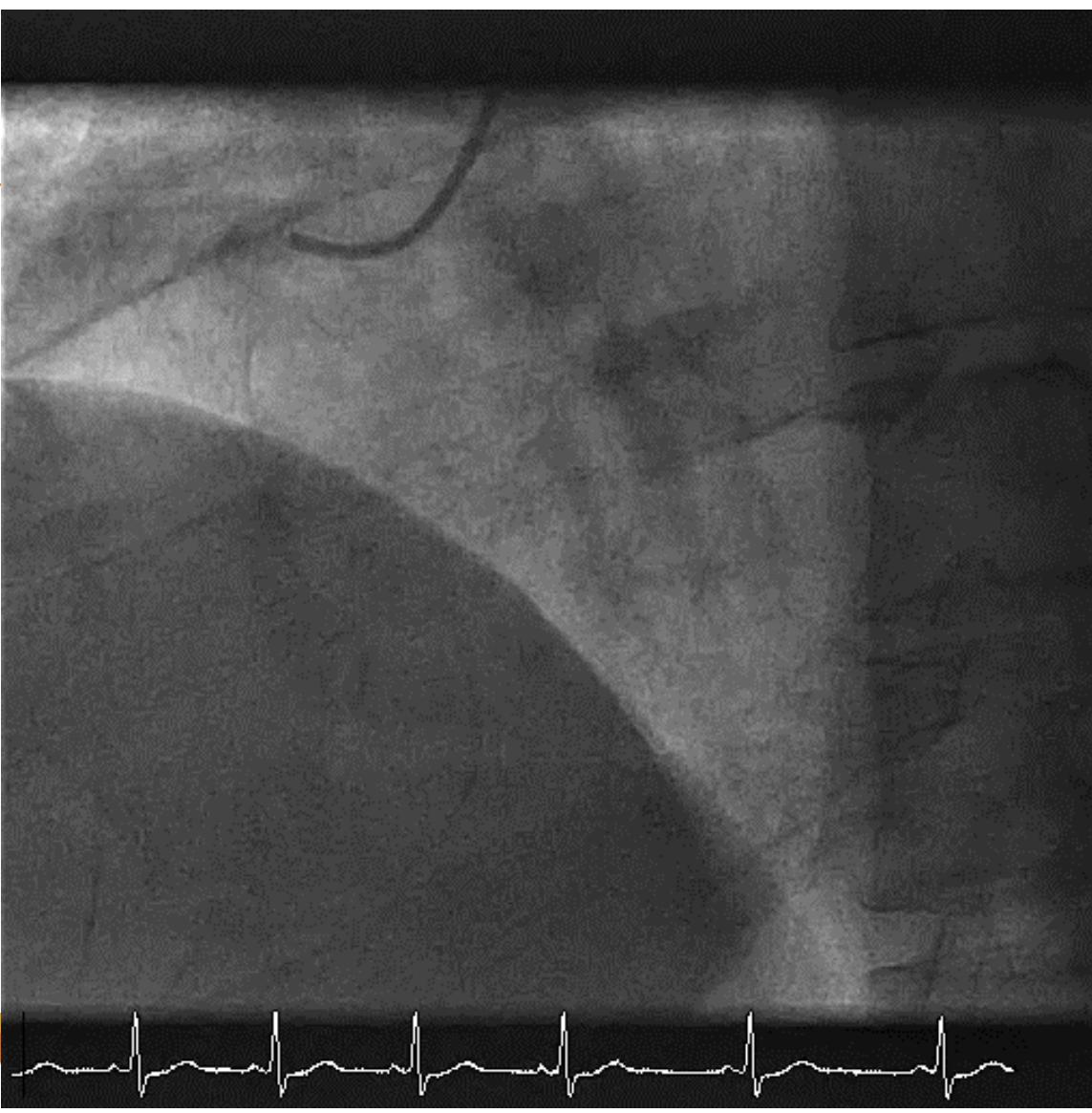
A: Sinds 40 min POB, zweten.

RR 85/37 mmHg. P94/min. Sat 80% O<sub>2</sub>.

Shockroom: intubatie naar ICU

ECG: SR, ST elevatie lateraal. Reciproke depressie II, III, aVF

**Spoed CAG?**



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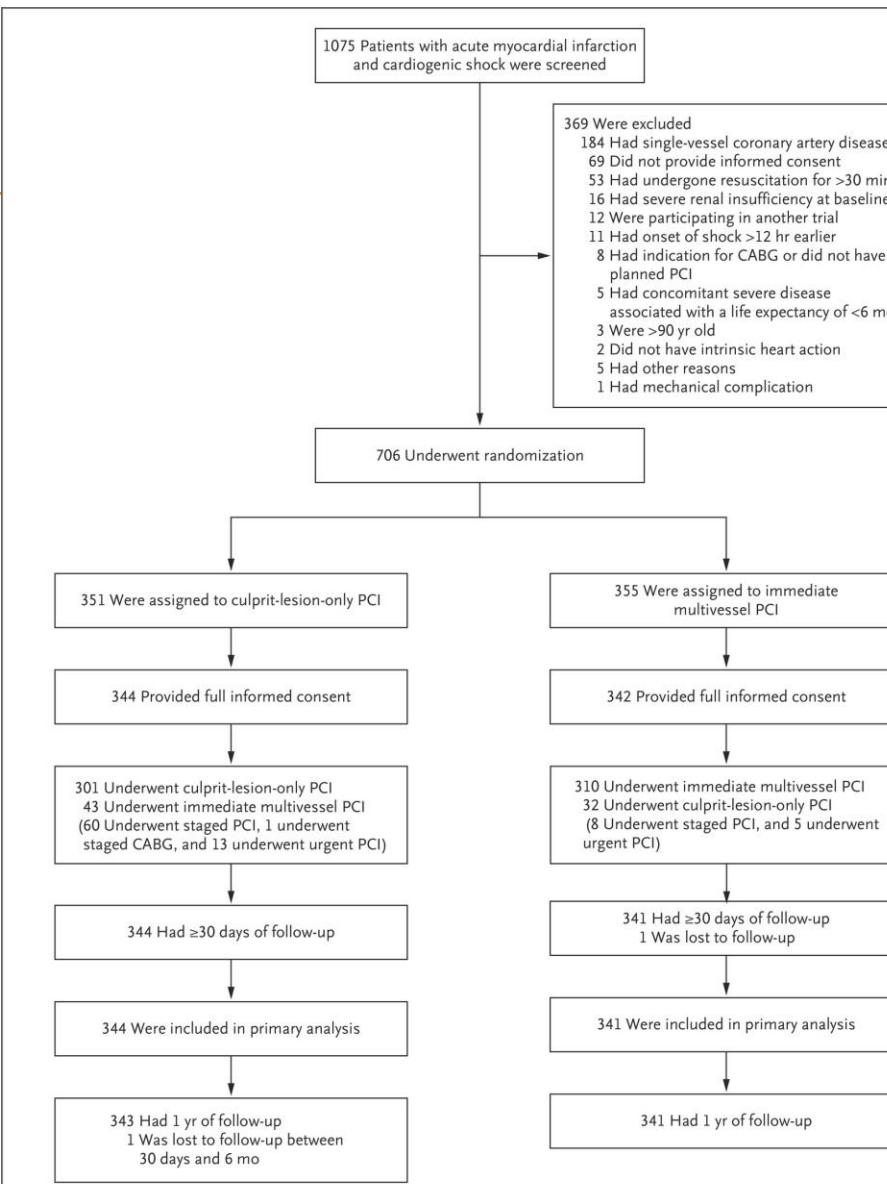


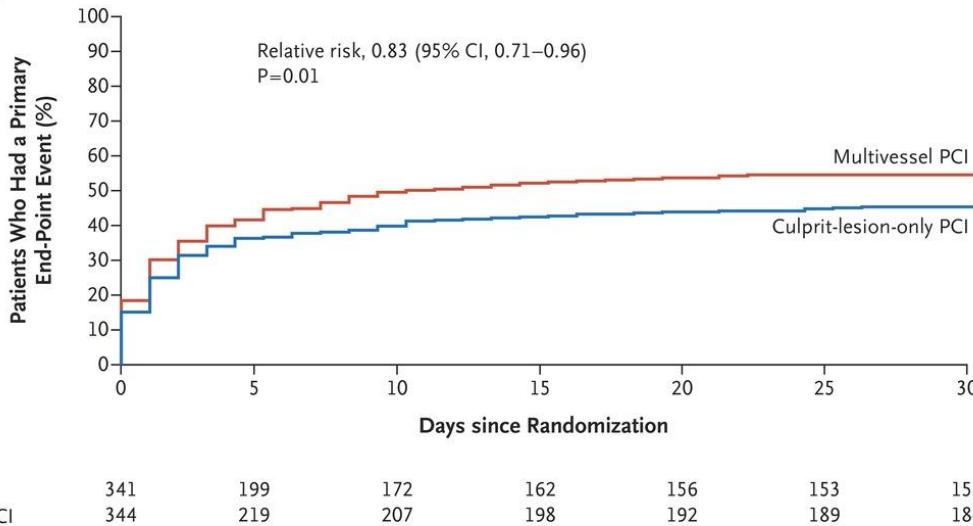
# PCI?

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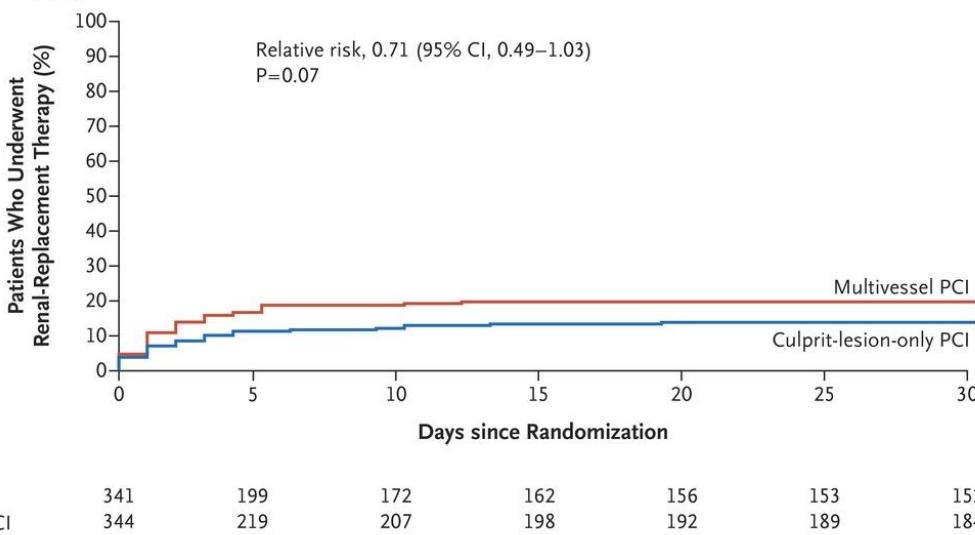
## CULPRIT-SHOCK

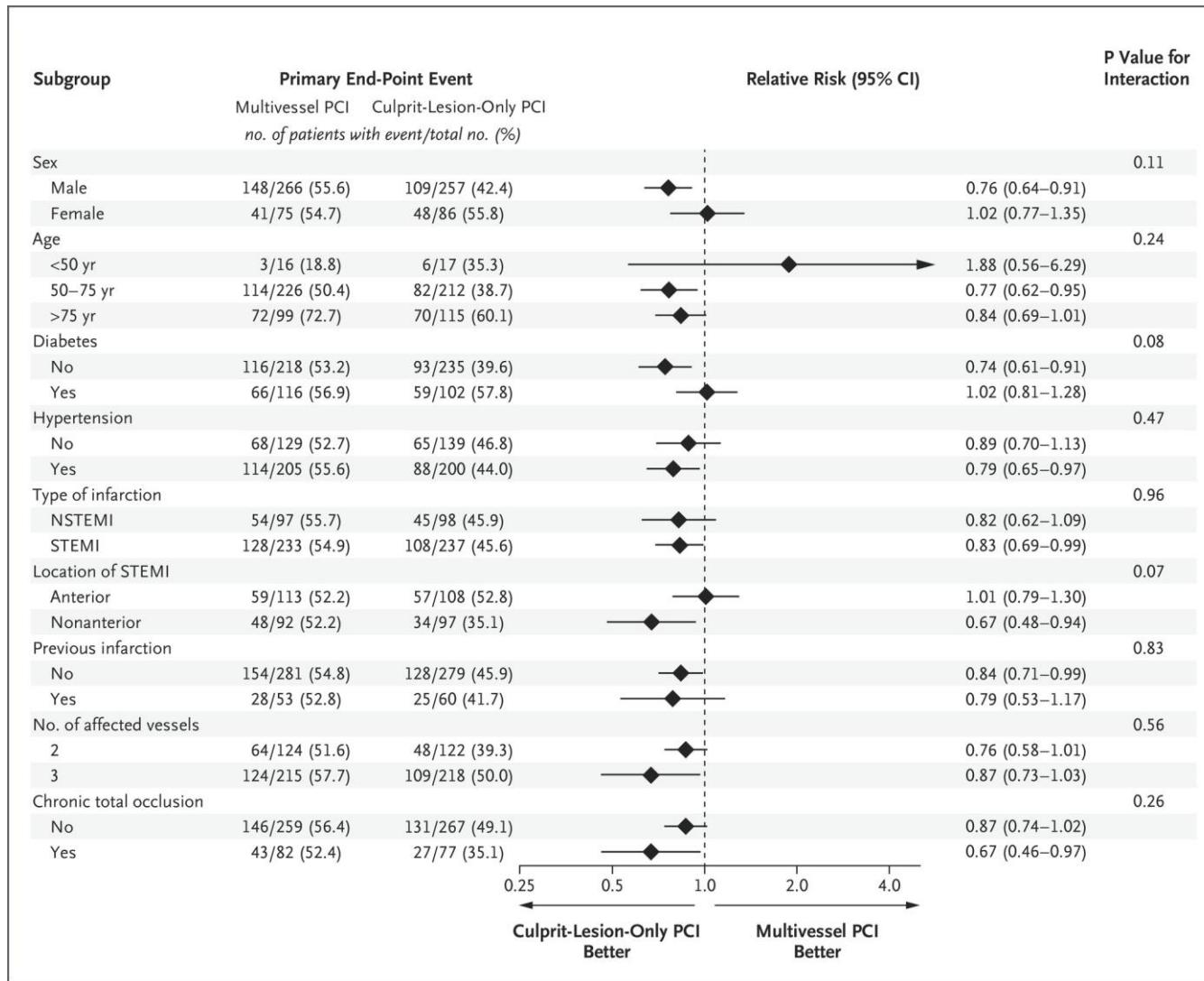
PCI Strategies in Patients with Acute Myocardial Infarction and Cardiogenic Shock



**A Composite Primary End Point**

**Primary end point:**  
Death from any cause  
or severe renal failure  
leading to renal-replacement therapy

**C Renal-Replacement Therapy**



1 year Follow-up!

# Shock

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- **Cardiogene shock**
- **Obstructieve shock: blokkade van de circulatie**

Binnen het hartvaatstelsel: longembolie, andere soort embolus (lucht, amnion vocht, vet- en beenmergembolie)

Buiten het hartvaatstelsel: harttamponade, abdominaal compartiment syndroom, spanningspneumothorax, dynamische hyperinflatie (ernstig astma), compressie vena cava (bij zwangeren in rugligging)

- **Hypovolemische shock: tekort aan effectief circulerend volume**

Haemorrhagisch:

traumatisch (grote vaten, fractuur bekken of lange pijpbeenderen, hematothorax, intra-abdominale bloeding, retroperitoneale bloeding, extern bloedverlies).

non-traumatisch (gastro-intestinale bloeding, massale epistaxis, geruptureerd AAA, ectopische zwangerschap, hemorrhagische pancreatitis, fluxus postpartum)

Vochtverlies:

gastro-intestinaal verlies (braken, diarree), overmatige diurese (diabetes insipidus, diuretica), excessieve diaforese (hyperthermie-gerelateerde ziekte), diabetische keto-acidose of hyperosmolaire non-ketotische ontregeling, brandwonden, derde ruimteverlies (pancreatitis, ileus), iatrogeen (post-dialyse).

- **Distributieve shock**

Sepsis, SIRS, anafylaxie, bijnierschorsinsufficiëntie, neurogene shock, leverfalen, intoxicatie.

# Cardiogenic shock

## ESC Heart failure guidelines

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*“Ineffective cardiac output  
caused by a primary cardiac disorder  
results in both clinical and  
biochemical manifestations  
of inadequate tissue perfusion”*

# Cardiogenic shock

## ESC Heart failure guidelines

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- Persistent hypotension
  - SBP < 80 - 90 mmHg
  - MAP 30 mmHg lower than baseline
  - Clinical or laboratory signs of hypoperfusion
- Multi organ failure
  - Inadequate tissue perfusion
    - Cold extremities, oliguria, mental confusion, dizziness,
    - Laboratory disorders
  - Lung edema / Elevated filling pressures
    - WP > 15 mm Hg
- Severe reduction in the cardiac index
  - $<1.8 \text{ L/min per m}^2$  without support
  - $<2 \text{ to } 2.2 \text{ L/min per m}^2$  with support

# Causes of cardiogenic shock

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- Acute myocardial infarction (80%)
  - LVF dysfunction
  - Mechanical complications
    - Acute mitral regurgitation (7%)
    - Rupture of either the VSD or free walls (5%)
- Myocarditis
- Septic CMP / Tako tsubo
- CABG / PCI (Stunning)
- End stage CMP
- Valve regurgitation / stenosis
- Miscellaneous
  - Intoxication / drug overdose
  - Pericardial effusion
  - Pulmonary embolism
  - Arrhythmia

# Predictors of mortality of CS in ACS

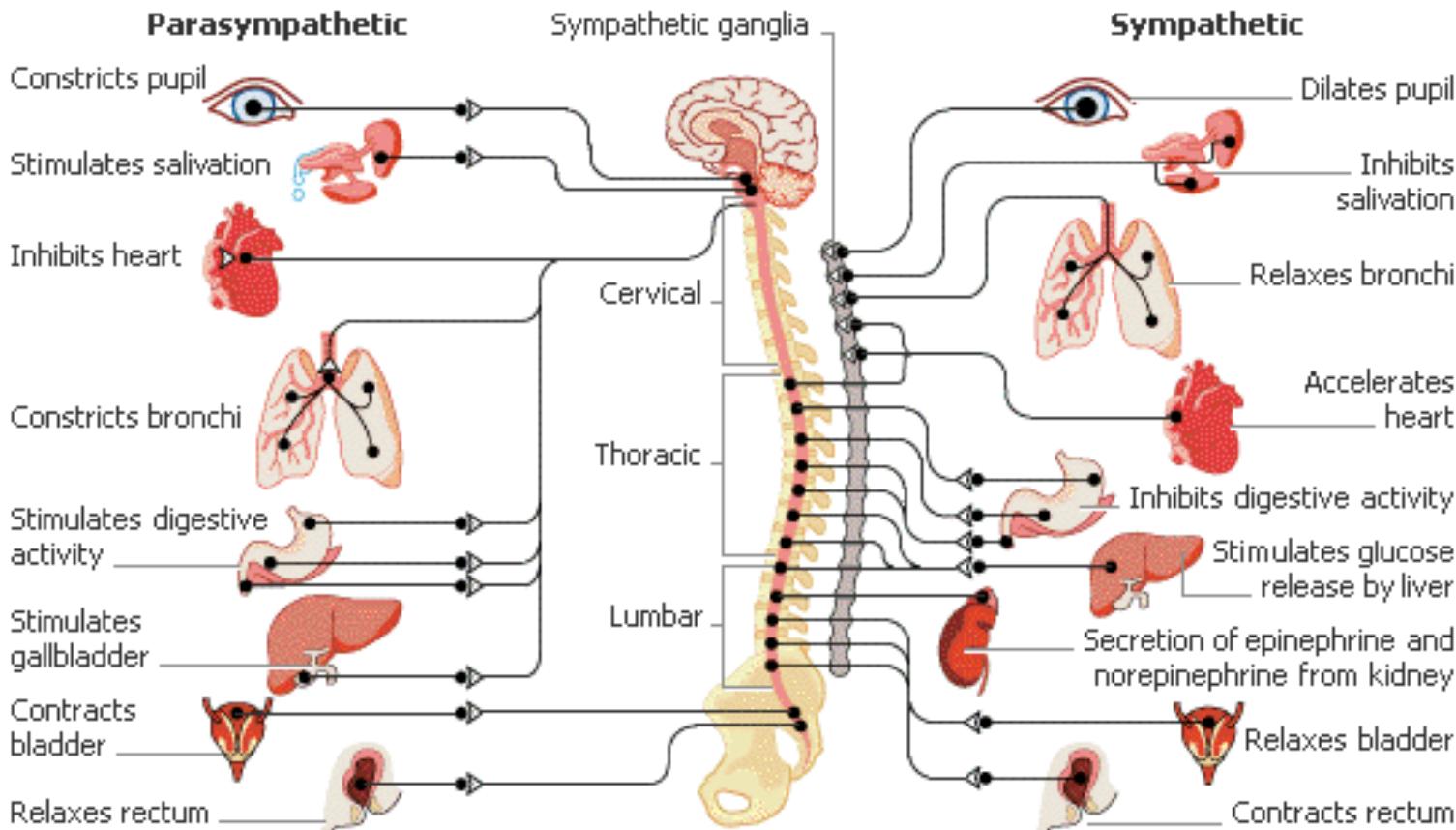
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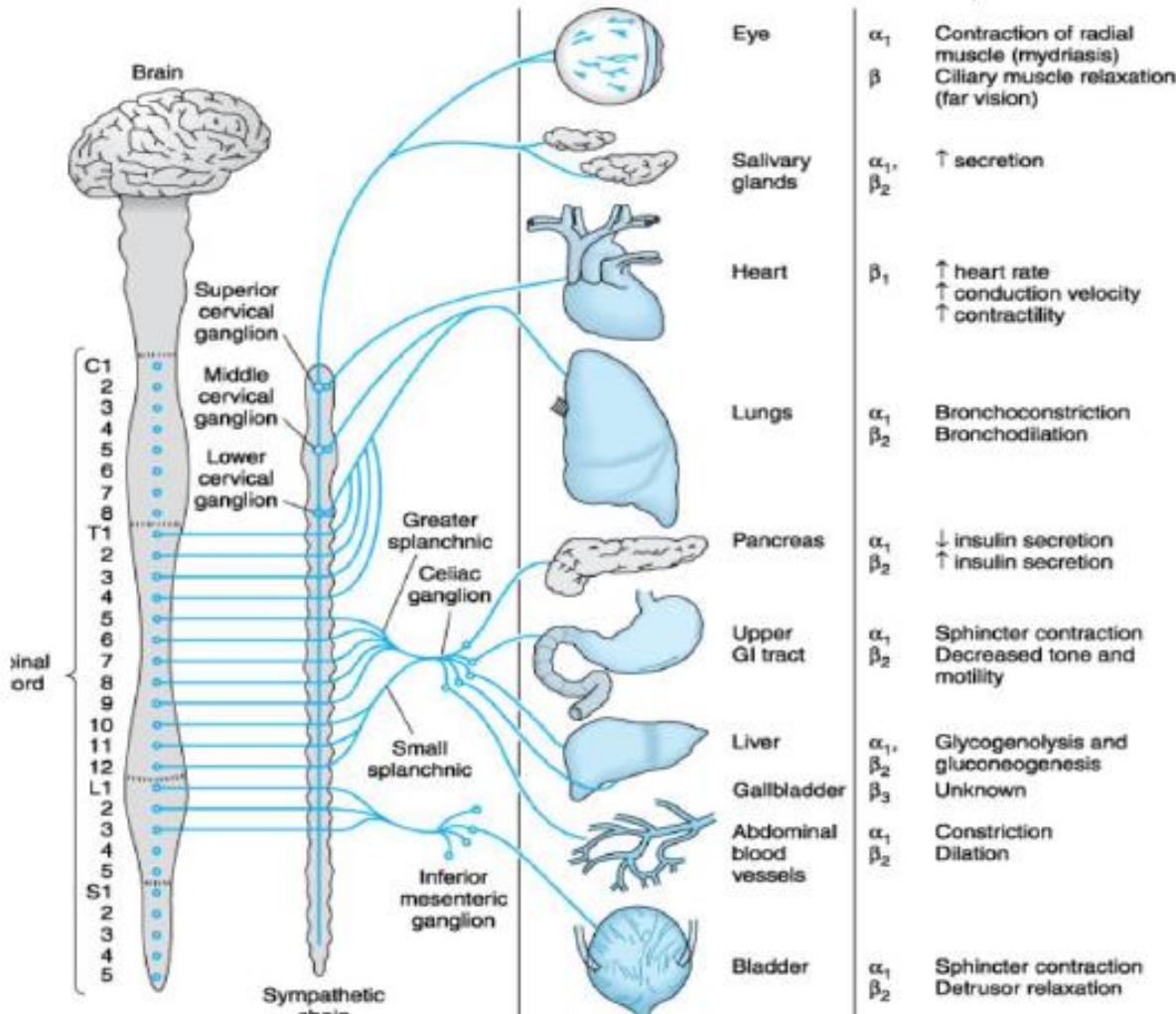
- Increasing age
- Prior MI / history of CABG
- Oliguria
- Hemodynamic parameters
  - MAP, systolic and diastolic blood pressure
  - Cardiac index
- Altered mental status
- Low LV ejection fraction
- High blood lactate levels
- In-hospital mortality 27–51%

# Vasopressors / inotropica

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- Goal
  - Reverse hypotension
  - Maintain vital organ perfusion
  - Maintain coronary perfusion pressures





# Receptoren

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- $\alpha_1$  en  $\alpha_2$  receptoren
- $\beta_1$  en  $\beta_2$  receptoren
- Dopamine 1 en 2 receptoren

# **a receptoren**

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- Vasoconstrictie
- Bronchoconstrictie
- Mydriasis
- Trombocytenten aggregatie
- Inhibitie noradrenaline release
- Gastrointensinale relaxatie
- Contractie blaas sfincter

# $\beta$ receptoren

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- $\beta_1$ 
  - Positief chronotroop
  - Positief inotroop
  - Positief dromotroop
- $\beta_2$ 
  - Vasodilatatie
  - Bronchodilatatie
  - GI relaxatie
  - Blaasrelaxatie

# Dopamine

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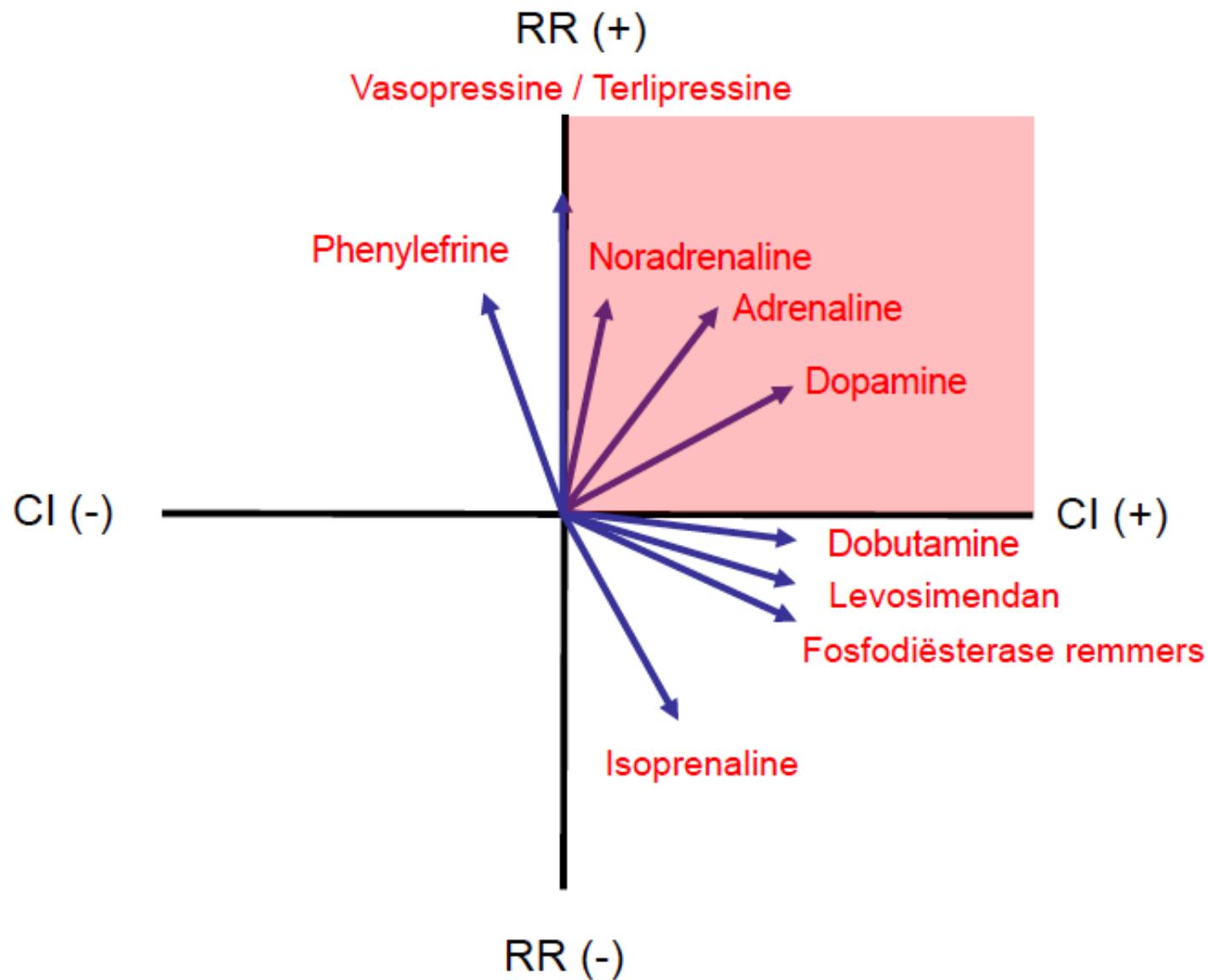
- D1
  - D2
  - D4
  - D5
- 
- Doseringsafhankelijk.

# Inotropica

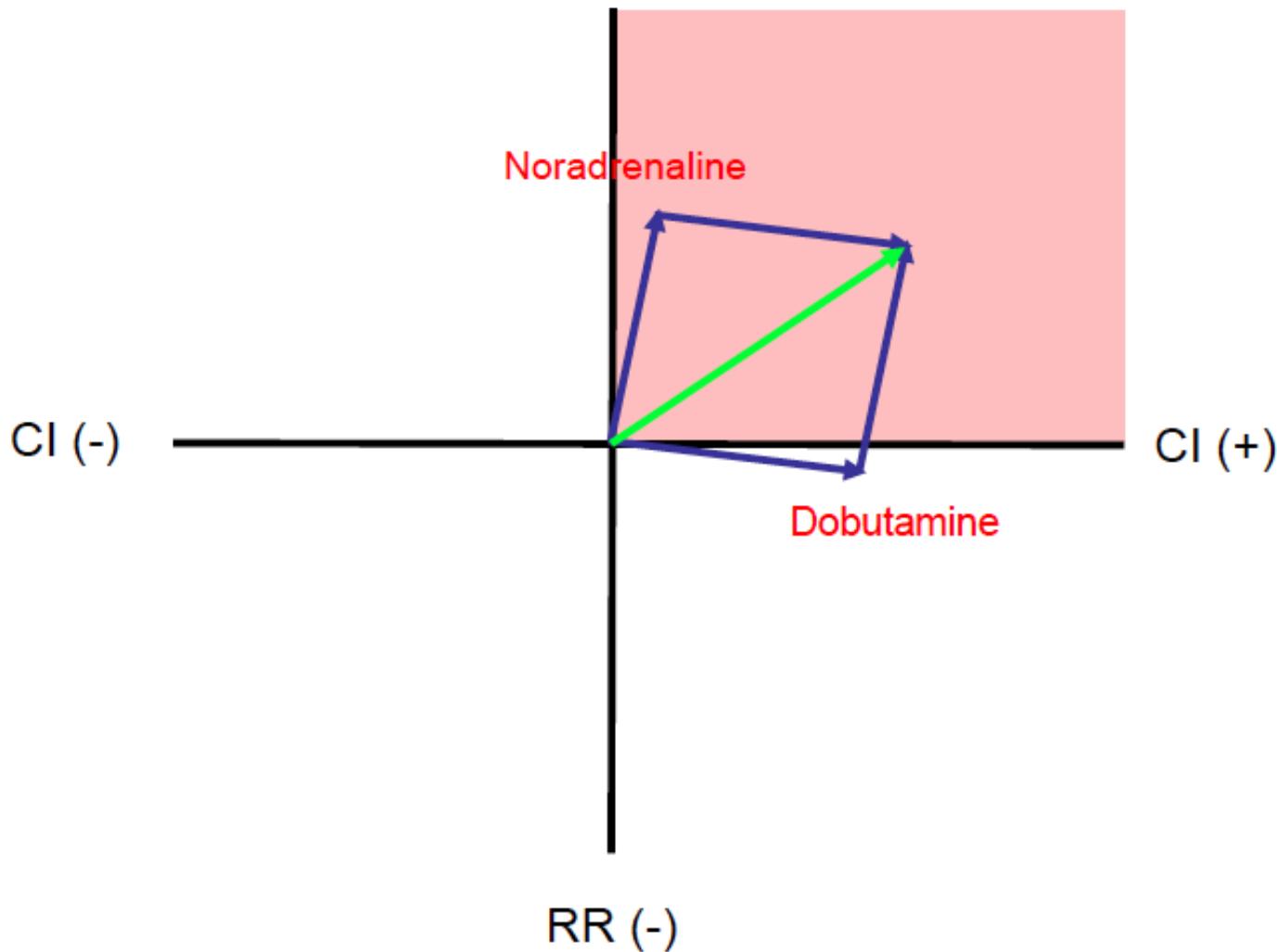
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- **Digoxin**
- **Catecholaminen**
  - Dobutamine
  - Dopamine
  - Isoprenaline
  - (Nor)adrenaline
  - Ephedrine / Phenylephrine
- **Fosfodiesterase remmers**
  - Milrinone
  - Enoximone (Perfan)
- **Calcium sensitizers**
  - Levosimendan

Hemodynamica	HF	HMV	BD	wiggedruk	nier
Dopamine	→↑	↑↑	→↑↑	→↑	↑
Dobutamine	↑	↑↑↑↑	→↓	→↓	→
Isoprenaline	↑↑↑↑	↑↑↑↑	→↓↓	↓	→
Adrenaline	↑↑↑↑	↑↑↑↑	↑↑	→↑	↓
Noradrenaline	→↑	→↑	↑↑↑	→↑	↓↓



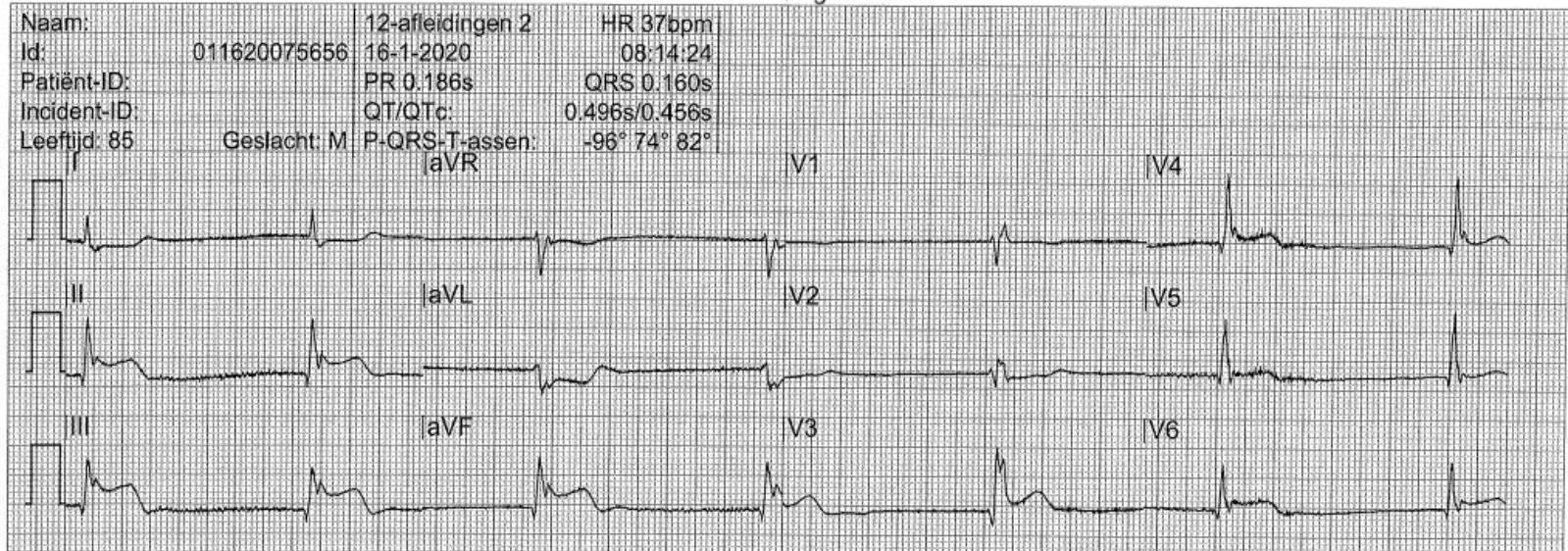
RR (+)



# Casus

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84-jarige man  
VG: 2005 CVA zonder restlijden.



Aangetroffen op de vloer. Def +, RR 50/30 mmHg.







# Casus

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Triple lumen CVC

7 Fr Lies

PCI RCA 3 x DES

Periprocedurele ondersteuning

1500 ml NaCl 0,9%

O2 non-rebreather masker

Dobutamine en noradrenaline iv



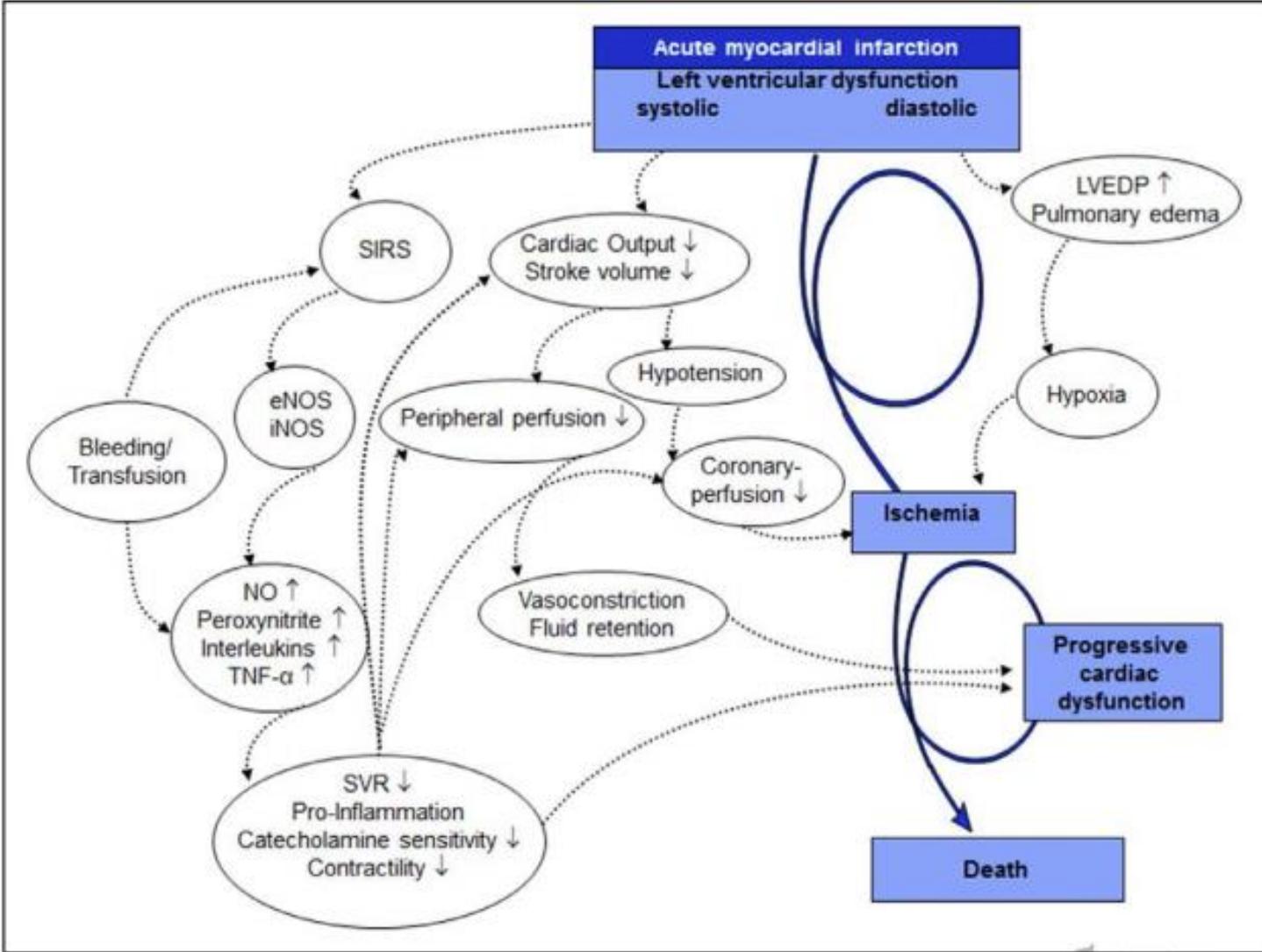
# Pathophysiology shock

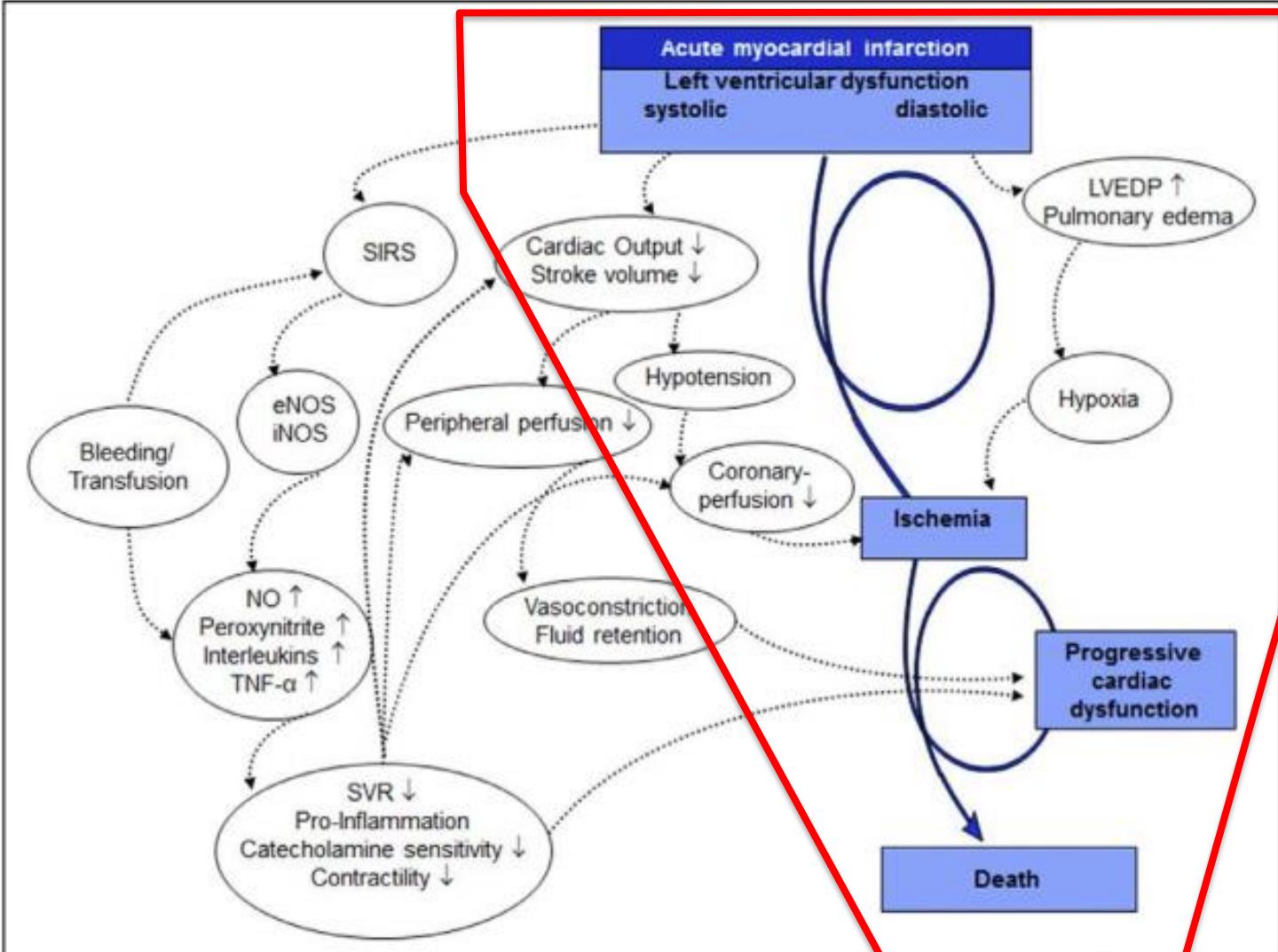
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- Combination of
  - Reduced LVF due to myocardial ischemia / injury
  - Inadequate systemic vasoconstriction
    - Results from a systemic inflammatory response to the myocardial damage

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- Reduced SV and reduced CO
- Low blood pressure and coronary perfusion
- Further coronary ischemia followed by additional reductions in contractility





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- <https://www.khanacademy.org/science/health-and-medicine/circulatory-system/pressure-volume-loops/v/drawing-a-pressure-volume-loop>
  - Harvi.online

# Vragen??

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